

# **ORTHODOX CHRISTIAN GOALS & OBJECTIVES**

*for*  
**Grades Preschool – High School**

The original purpose of this undertaking was to determine what an Orthodox child needs to know at each grade level in the areas of Church History, Doctrine, Ethics, Feasts, Hymns, Liturgy, Missions, Mysteries/Sacraments & Other Services of the Orthodox Church, Prayers, Saints, Scripture, Service, Spirituality, Tradition, and Worship. To this end a survey was conducted among the Clergy and Church School Directors of the Detroit Diocese. Fr. James Bogdan, DRE for the Detroit Diocese, integrated the survey responses. Bishop Nicholas of Detroit requested input.

Meanwhile, Annunciation Church [Akron, OH] sought to evaluate the parish's curriculum, which is predominately from the Greek Archdiocese coupled with some OCEC materials, because the teachers of the High School class had repeatedly observed gaps in the knowledge of their students. What are the true reasons for these gaps?

- ❖ Are there gaps of knowledge built into the curriculum?
- ❖ Did the students' irregular attendance lead to the gaps of knowledge?
- ❖ Are the teachers teaching the curriculum?

The first step was to determine what is in the curriculum. It should be noted that at various stages the work was taken to Annunciation's Curriculum Committee for commentary and input. (Additional members of the Curriculum Committee: Fr. Jerry Hall, Fr. Michael Monos, Church School Director Elaine Poulos, Dr. Georgette Constantinou, Dr. Connie Gerassimakis, Presbytera Helene Hall, Dr. Jeanette Moleski-Criswell.)

*For Preschool through Grade 6*, Nick Gerassimakis, Ph.D. and Phyllis Meshel Onest, M.Div. (1) examined each page of each textbook and teacher's guide of the Greek Archdiocese curriculum, (2) integrated those findings with the Detroit Survey results, and (3) cross-referenced the combined information with the "Living Our Orthodox Faith: Scope & Sequence." *For grades 7-12*, the Detroit Survey results and the results of several brainstorming sessions were cross-referenced against the Scope & Sequence. Available Resources for grades 7-12 are listed with the topic. The Unit and Lesson Numbers and/or page numbers listed within brackets note items that are actually in the curriculum. If more than one book is used, the code for each is listed at the beginning.

The information has also been rearranged by the following topics: Feastdays, Hymns, Prayers, Mysteries/Sacraments & Other Services, Saints, and Scripture. This was done so that, at a glance, one can see (1) in which grade an item is introduced, (2) if a particular item actually appears in the curriculum and (3) how often an item is discussed over the years.

The Curriculum Committee now needs to review the following report to determine (1) what topics need to be added, (2) when they should be added, reviewed, or expanded and (3) list resources for the topics to be presented in Grades 7 & 8 and Grades 9-12.

*Phyllis Meshel Onest, M.Div.*  
Director of Religious Education,  
Greek Orthodox Diocese of Pittsburgh  
August 16, 2000

## Preschool Goals & Objectives

*God Loves Us* [GLU; references marked Roman Numeral-lesson # or G-page #]  
*Reaching for Jesus* [RF]; references marked R-lesson #]

### **CREATION: To understand that God made everything - universe, plants, animals, people. [II-1]**

1. Retell the story of creation. (Use children's versions of the Bible when teaching.)
2. Collect examples of the things God made (water, flowers, earth) or construct items that illustrate that God created the world "...and all that is in it."
3. List (3) ways to care for/protect the wonderful world God gave us.

### **LOVE: To understand that God loves us.**

1. God gave us the creation.
2. God gave us our family to take care of us.
3. God gave us our Church, our Church family & Holy Communion. [IV-2]
4. We show God's love by caring for others: family, Church family, neighbors.

### **JESUS IS THE GREATEST GIFT: To recognize important moments in the life of Christ.**

1. Retell the Nativity/Christmas story. [G-p.116]
2. Retell the Presentation to the Temple. [Story IV-1]
3. Retell the Theophany/Baptism story. [G-p.126]
4. Retell the Pascha story. [G-p.136]
5. Jesus loves us. [Insert lessons as they fit in the Liturgical Calendar.]
  - a) Blesses children. [R-18 & last page of pupil's book]
  - b) Feeding the 5000. [IV-5, R-24]
  - c) Gives us Holy Communion [Holy Thursday]
  - d) Heals people [R-21, 22,23]

### **THANKSGIVING: To know that we should give thanks to God for all things.**

1. Define prayer as talking to God.
2. Jesus gave the Disciples and us the Lord's Prayer.
3. List when we pray (before meals, in the morning and at bedtime; use Orthodox prayers). [R-29]
4. Give reasons for praying (what and why; family, friends, health, gifts & talents).
5. Make thank you cards to God for His gifts.
6. To understand that we should share God's gifts with others. (Tie in with a simple explanation of Matt. 25.)
7. Share God's gifts by doing things for the needy and ill. (Ex. Bring food, mittens, etc. for the needy; coins for the Orthodox Christian Mission Center canister.)
8. Thanksgiving is a national holiday created by President Lincoln as a National Day of Thanks to God. [G-p.140]

### **WORSHIP & DOCTRINE- To understand that going to Church is a joyful experience of prayer and singing and requires proper conduct.**

1. Make sign of the Cross correctly. [I-4]
2. Show how to receive Communion correctly. [IV-4, R-4]
3. Show how to receive Antidoron correctly. [IV-4]
4. Explain why, how and when we light candles. [I-4, IV-4]
5. Venerate an icon correctly. [I-4]
6. Sing simple hymns
  - a) "Holy God"
  - b) "By the Prayers of the Theotokos"/"Tes Presvies,"
  - c) "Blessed is the Name of the Lord."

7. Recite the prayer "Holy God..."
8. Begin learning the Lord's Prayer.
9. Identify the icons of Jesus, the Theotokos and the parish's patron.
10. The priest blesses our home with Holy Water. [Holy Water bottle, G-127]
11. The Priest is the leader of our Parish. The Bishop oversees many parishes.
12. Identify the Parish's name - Patron Saint or Feast Day.
13. Recite "Christ is Risen!" and respond "Truly or Indeed He is Risen!"

**SCRIPTURE LESSONS FOR PRESCHOOLERS: Begin Scriptural familiarization in order to learn that God loves us and to understand that the Bible is the Word of God. (Use children's versions of the Bible.)**

1. Retell specific Bible stories. (When possible, do the lesson as it occurs on the Liturgical Calendar.)
  - a) Creation
  - b) Adam and Eve [V-5]
  - c) Jesus' 40-day blessing
  - d) Noah's Ark [IV-3]
  - e) Good Samaritan [IV-4]
  - f) Feeding the 5000 [IV-5, R-24]
  - g) Nativity [G-116]
  - h) Theophany/ Jesus' baptism [G-126]
  - i) Palm Sunday [G-132, R-25]
  - j) Pascha/Easter [G-136, R-26]
  - k) Jesus blesses the children [R-18]
  - l) Jesus heals the blind man [R-21]
  - m) Jesus heals the leper [R-22]
  - n) Jesus heals the paralyzed man [R-23]
2. Where possible, color/match the Bible story with a line icon of the event. (Ex. Christ blessing the children, the Presentation of Our Lord.)

**VOCABULARY:**

Altar Bread / Prosporo	Christian	Name Day
Angel	Church	Panagia
Antidoron	Communion	Pascha/Easter
Baptism/Baptized	Guardian Angel	Prayer
Bible & Gospel Book	Godparents (Nouno &	Priest
Blessing or Hand Cross	Nouna)	Spoon
Candle	Icon	Theotokos
Censer	Incense	Titles: Father, Bishop,
Chalice	Jesus	Presbytera

### RECOMMENDATIONS:

1. When planning the order of lessons, try to do them in the order they appear in the Liturgical Calendar. This includes Bible stories, Feast Days, Seasons.
2. Do the section on "God's House" nearer to the beginning of the year in order to teach good Church Etiquette from the beginning. The way GLU is laid out there are at least 12 weeks before getting to "God's House" which is too long.
3. Do the lessons on the seasons as they occur rather than as a unit. This will also reinforce the theme of Creation several times during the year.
4. Review vocabulary and Church Etiquette each week in order to reinforce these points.
5. Utilize the Parents' Letters from RFJ or similar letters to keep the parents informed of what is happening in class.
6. Utilize the OCEC's "Teaching Pictures."
7. Utilize the "Come Bless the Lord" Icon Packet.

### PARENTS' PACKET:

1. List of the Bible Stories
2. List of Feast Days
3. List of Prayers to be learned. Include actual text and suggested times (morning, meals, and bedtime).
4. List of Hymns & texts.
5. Tasks to be learned: Sign of the Cross, lighting candles, venerating icons, receiving Holy Communion, Paschal Greeting.
6. List of special projects for the year.
7. List of special services that Preschooler should attend. (Liturgy, Vespers, Compline, Akathist, Unction, Holy Friday afternoon, Agape Vespers of Pascha, Baptisms)
8. *GUIDELINE FOR CHURCH ETIQUETTE* Booklet by Phyllis Meshel Onest, M.Div.
9. *HELPING OUR CHILDREN GROW IN FAITH: What They Can Do, When They Can Do It, and What Parents Can Do To Help!* by Phyllis Meshel Onest, M.Div.
10. *GETTING READY FOR HOLY WEEK & PASCHA: A Guide for Families* by Phyllis Meshel Onest, M.Div.
11. *RESOURCES FOR PARENTS & FAMILIES* by Phyllis Meshel Onest, M.Div.

### OTHER FAMILY RESOURCES:

*ORTHODOX FAMILY LIFE Journal*, a parish ministry to families. [<http://www.theologic.com/oflweb>]

**To emphasize the importance of Church School each child could have a "Church School Book Bag" that is taken to and from Church. It can carry papers, the weekly offering, sharing items, etc.**

## Kindergarten Goals & Objectives

*Happy with God* [HWG; references marked Roman numeral-lesson # or H-page #]  
*What We See & Do in Church* [WWS; references marked W-lesson #]  
Primarily reviewing and building upon Preschool.

**CREATION: To understand that Creation is God's gift to us. [I-1, 4; W-17]**

1. Retell the story of Adam & Eve. [W-17]
2. List (3) different ways we enjoy God's gifts and the creation.
3. Make a depiction of the Creation. [W-17]
4. God created all people. [IV-3]

**LOVE: To understand that God loves us.**

1. God gave us the creation.
2. God gave us our family to take care of us. [I-2]
3. God gave us our Church, our Orthodox Church family, friends, & Holy Communion. [I-3, II, V-4]
4. We show God's love by caring for others: family, Church family, neighbors.
5. Jesus teaches us to love one another, obey, forgive, help, have mercy, be truthful, to say we are sorry.

**JESUS IS THE GREATEST GIFT: To identify important events in the life of Christ & to connect these events in Christ's life with the major feasts of the Church. [Use a children's' Bible and icons. Insert lessons as they fit in the Liturgical Calendar.]**

1. Retell the Annunciation story. Focus on obedience and Mary's various names. [III-1]
2. Retell the Nativity story. [III-3]
3. Retell the Presentation to the Temple story. [V-1]
4. Retell the Theophany/Baptism story. [V-2, VII-2]
5. Retell the story of Palm Sunday [VII-3]
6. Retell the Crucifixion story. [VII-4]
7. Retell the Pascha/Resurrection story. [VII-5]
8. Jesus loves us. [III-4]
9. Jesus is a great Teacher: obedience, forgiveness, love, help, and mercy.
10. Jesus is God's Son. [VII-2]

**THANKSGIVING: To know that we should give thanks to God for all things. [IV-4]**

1. Define prayer as talking to God. [II-2, W-4]
2. Jesus gave the Disciples and us the Lord's Prayer. We can pray the Lord's Prayer with family at meals, at bedtime.
3. Recite Lord's Prayer.
4. List when we pray (before meals, in the morning and at bedtime; use Orthodox prayers). [V-2]
5. Give reasons for praying (what and why; family, friends, health, gifts & talents). [II-2]
6. To understand that we should share God's gifts with others. (Tie in with a simple explanation of Matt. 25.) [VI-1]
7. Share God's gifts by doing things for the needy and ill. (Ex. Bring food, mittens, etc. for the needy; coins for the Orthodox Christian Mission Center canister.)
8. Thanksgiving is a national holiday created by President Lincoln as a National Day of Thanks to God. [Insert in calendar. VII-1, W-7]
9. Retell the story of Jesus healing the Ten Lepers. [IV-4]

**WORSHIP & DOCTRINE- To understand that going to Church is a joyful experience of prayer and singing and requires proper conduct. (Suggest using "Build Your Own Church," "Build Your Own Iconostasion," "Build Your Own Bishop, Priest, Deacon" available from OCEC and add small models of baptismal font, Gospel, etc.)**

1. Make sign of the Cross correctly. [II-1, IV-4, W-2]

2. Show how to receive Communion correctly. [V-4, W-27]
3. Show how to receive Antidoron correctly.
4. Explain why, how and when we light candles. [II-2, W-5]
5. Venerate an icon correctly. [II-2, W-6]
6. Sing simple hymns
  - a) "Holy God" [IV-3, H-p.134]
  - b) Triple "Lord have Mercy. [IV-3, H-p.134]
  - c) "Those Who have been Baptized into Christ" [IV-3, H-p.134]
  - d) "Christ is Risen" [VII-5, H-p.136]
  - e) "By the Prayers of the Theotokos" / "Tes Presvies," [opt]
  - f) "Blessed is the Name of the Lord." [Opt]
  - g) "Save us of Son of God". [Opt]
  - h) The Troparion of the Church's feast or patron saint.
7. Recite the prayer "Holy God..."
8. Identify the icons of Jesus, the Theotokos and the parish's patron. [III-4, W-9]
9. The priest blesses our home with Holy Water. [VII-2, W-13. Holy Water bottle project.]
10. The Priest is the leader of our Parish. The Bishop oversees many parishes. [W-21, 22]
11. Identify the Parish's name - Patron Saint or Feast Day.
12. Recite "Christ is Risen!" and respond "Truly or Indeed He is Risen!" [VII-5]
13. Retell the life of a Saint.
14. Name his/her Patron Saint. [W-8]
15. Identify /show the icon of his/her Patron Saint. [W-8]
16. Retell the 40-Day Blessing. [V-1, W-14]
17. Relate the purpose of Baptism. [V-2&3, W-15] Focus on becoming a new Christian.)
18. Home project: Invite parents to share stories of when they were very young in Church, and share how they learned to show respect in the service.
19. Identify the Holy Bible. [W-16]

#### SCRIPTURE LESSONS FOR KINDERGARTEN

1. Retell the story of Baby Moses. [I-2]
2. Retell the story of Noah's ark. [I-4]
3. Retell the story of Jesus in the Temple. [II-1]
4. Retell the meeting of Mary and Elizabeth. [III-2, W-23]
5. Retell the story of the Nativity. [III-3, W-10, 11]
6. Retell the story of Jesus' baptism. [W-13]
7. List one of the miracles that Jesus performed. [III-4. Water to wine; healing the sick.]
8. Retell the story of Samuel and Hannah. [IV-2. Emphasize obedience.]
9. Retell the story of the Last Supper. [V-4, W-26. Direct students to listen to the words of the consecration.]
10. Retell the story of the Rich Man and Lazarus. [IV-1]
11. Retell the story of the healing of the 10 Lepers. [IV-4]
12. Retell the story of Palm Sunday. [VII-3, W-25]
13. Define Parable. [W-20]
14. Explain what is done on Holy Thursday, Friday and Saturday. [W-28, 29, 30]
15. Explain what is remembered on Pentecost. [W-31]

#### VOCABULARY: (\* signifies that the word is in this textbook)

Altar Server	Baptism/Baptized *	Censer
Altar Bread / Proosphoro	Baptismal font *	Chalice *
Angel	Bible & Gospel Book	Chanter
Antidoron /Holy Bread *	Blessing or Hand Cross	Christian *
Ark *	Candle	Church *



Communion	Incense	Pray / Prayer *
Create	Jesus *	Preach
Cross	Mary *	Priest *
Epiphany/Theophany *	Miracle *	Saint *
Epitaphios	Name Day *	Spoon
Font	Obey *	Theotokos
Guardian Angel	Palm *	Titles: Father, Bishop,
Godparents *	Panagia	Presbytera
Holy water *	Pascha/Easter	
Icon *	Pew *	

### RECOMMENDATIONS:

1. When planning the order of lessons, wherever it is possible, do them in the order they appear in the Liturgical Calendar. This includes Bible stories, Feast Days, Seasons.
2. The Creation lessons are short. Consider coupling these lessons with church etiquette [II-1] and items found in the church.
3. Review vocabulary and Church Etiquette each week in order to reinforce these points.
4. Utilize the Parents' Letters from both texts or similar letters to keep the parents informed of what is happening in class.
5. Since there are no lives of saints in the two texts, there is a need for supplemental material.
6. When teaching the feast days, read from a child's Bible and focus on what is happening in the icons and who is present.
7. There is a need to make the connection that Jesus is God's Son.
8. Emphasize that we are Orthodox Christians. Orthodox Christians worship God during the Divine Liturgy, which is our form of worship. When we are baptized, we become Christians and members of the Orthodox Church.
9. Since the children may be bringing a variety of projects home, the only ones that need to be kept are those that have been blessed.
10. Utilize the OCEC's "Teaching Pictures."
11. Utilize the "Come Bless the Lord" Icon Packet.

### PARENTS' PACKET:

1. List of the Bible Stories
2. List of Feast Days
3. List of Prayers to be learned. Include actual text and suggested times (morning, meals, bedtime).
4. List of Hymns & texts.
5. Tasks to be learned/reviewed: Sign of the Cross, lighting candles, venerating icons, receiving Holy Communion, Paschal Greeting.
6. List of special projects for the year.
7. List of special services that Kindergarten student should attend. (Liturgy, Vespers, Compline, Akathist, Unction, Holy Friday afternoon, Agape Vespers of Pascha, Baptisms) Stress the importance of Liturgical worship.
8. *GUIDELINE FOR CHURCH ETIQUETTE* Booklet by Phyllis Meshel Onest, M.Div.
9. *HELPING OUR CHILDREN GROW IN FAITH: What They Can Do, When They Can Do It, and What Parents Can Do To Help!* by Phyllis Meshel Onest, M.Div.
10. *GETTING READY FOR HOLY WEEK & PASCHA: A Guide for Families* by Phyllis Meshel Onest,
11. *RESOURCES FOR PARENTS & FAMILIES* by Phyllis Meshel Onest, M.Div.

### OTHER FAMILY RESOURCES:

*ORTHODOX FAMILY LIFE Journal*, a parish ministry to families. [<http://www.theologic.com/oflweb>].

**To emphasize the importance of Church School each child could have a "Church School Book Bag" that is taken to and from Church. It can carry papers, the weekly offering, sharing items, etc.**

# 1st Grade Goals & Objectives

Text: *Me and My World*

**CREATION: To understand that God made everything – universe with all its planets and stars, plants, animals, people – because He loves us. God is a personal Creator who loves, cares for and guides us. All that God created is good.**

1. Retell the story of Creation. [VI-1]
2. Retell the story of Adam and Eve [VI-2]
3. Retell the story of Noah. [I-6]
4. God gave us our family [III-1]
5. The Church is like a family – God's people. [III-2]
6. We care for creation by: [VI]
  - a) Caring for the environment.
  - b) Treating animals, birds, and plants with kindness.
  - c) Respecting other people, families, and traditions.
  - d) Keeping our bodies and souls healthy.
7. Retell the one of the healing stories.

**LOVE: To understand that God loves us.**

1. God is our Father – loving and caring for us.
2. God wants us to be happy and to do good things.
3. God's love is life giving.
4. God's gifts show His love for us:
  - a) Jesus, His Son, is His greatest gift.
  - b) The Holy Spirit helps us discover, create, and do good things. [II]
  - c) Our family
  - d) Our hands, feet, voice, eyes, and minds to do good things.
  - e) God has given us Free Will, the freedom to choose.

**JESUS IS THE GREATEST GIFT: To recognize the important moments in the life of Christ.**

1. Jesus is Savior, Lord, Son of God, Friend, and Leader. [III-3]
2. In Baptism, Jesus becomes our Savior and lives in us. [II-2]
3. Jesus came for everyone. [V-1]

**GOD THE HOLY SPIRIT: To begin to understand the relationship of God the Father and the Holy Spirit. To understand that God works through Holy Spirit, the Spirit of God. [II-3]**

1. The Holy Spirit is the Spirit of God.
2. The Holy Spirit gives life and energy to everything; the power of creation.
3. The Holy Spirit helps us to discover, create, and do good.

**THANKSGIVING: To know that we should give thanks to God for all things. [I-6]**

1. We pray and sing to God to show our love and to give thanks for all things.
2. We pray daily to allow God to live in our hearts.
  - a) Recite the Lord's Prayer. [II-6, p.53]
  - b) Recite the Thrice-Holy Prayer. [III-3]
  - c) Recite a Morning Prayer. [II-6, p.55]
  - d) Recite a Mealtime Prayer. [II-6, p.55]
  - e) Recite an Evening Prayer. [II-6, p.55]
  - f) Recite A Prayer to use anytime and anywhere. [p.55]
3. Prayer gives us strength to do good things and to resist evil.
4. We learn to sing specific church hymns.
  - a) Sing "Holy God." [IV-3]
  - b) Sing "Blessed is the Name of the Lord." [VII-5]



- c) Sing "Save us O Son of God." [V-3]
- d) Sing "Christ is Risen." [VII-5]
- e) Sing "We venerate Your Cross." [I-1]
- f) Sing "Through the prayers of the Theotokos" [II-6]
- g) Sing the hymn for the parish's feast day or patron saint.
- h) Sing "We Praise You."
- i) Sing "Those who have been baptized into Christ."

**WORSHIP & DOCTRINE: To understand that going to Church is a joyful experience of prayer and singing requiring proper conduct. Explain why and be able to light a candle in the Narthex.**

1. Identify him/herself as an Orthodox Christian. [II-1]
2. Explain how and be able to venerate an icon. [II-1, review]
3. Identify church items that are listed in the Vocabulary List.
4. Explain why Orthodox Christians fast. (food and behavior)
5. Relate what is proper behavior in church (standing, sitting, kneeling)
6. Explain the difference in the way Orthodox and Roman Catholics make the Sign of the Cross. [Teacher's Manuel p.8]
7. Explain why the Church blesses water and how we use Holy Water. [Include with VII-3]
8. Relate how they received their name at Baptism. [II-3]
9. Explain what happens when we are baptized. [II-2]
10. Sacrament of Chrismation [include in lesson [II-3]
11. Sacrament of Holy Communion joins us to Jesus.[II-1, IV-4]
12. Identify the 3 section of Church and the Iconostasion. (Using a model of the Church.)
13. Explain why and identify certain icons that are in certain places. (i.e. Icons on the Iconostasion.)
14. The angels praise God both in heaven and here with us on earth.
15. Explain the 40-day blessing. [opt.]
16. Identify and explain specific symbols and customs: (complete the list)
  - a) fish/ΙΧΘΥΣ
  - b) red eggs at Pascha/Easter
  - c) Vasilopeta
  - d) XP

**SCRIPTURE LESSONS FOR GRADE 1: The Bible teaches us how to live. [I-3]**

1. Retell the Bible story and point out the features in the icon for each feast day.
  - a) Elevation of the Cross [I-1]
  - b) Annunciation [VII-1]
  - c) Nativity of the Theotokos: Identify her parents Joachim & Anna. List the names for Mary. [I-4]
  - d) Presentation of the Theotokos to the Temple – why she was taken there. [opt.]
  - e) Nativity of Our Lord, Christmas, Virgin Mary, Joseph, journey to Egypt, Wise Men [VII-2]
  - f) Presentation [opt.]
  - g) Theophany/Baptism [VII-3]
  - h) Palm Sunday [VII-4]
  - i) Crucifixion [III-2]
  - j) Last Supper [III-4]
  - k) Pascha [VII-5]
2. Bible stories for Grade 1
  - a) Retell the Sermon on the Mount [I-3]
  - b) Retell the story of Zachariah and Elizabeth [I-4]
  - c) Retell the Jesus healing the man who could not walk [I-5]
  - d) Retell the story of Philip and the Ethiopian [II-2]
  - e) Retell the story of Jesus giving the Gift of the Holy Spirit [II-3]
  - f) Retell the story of Joseph and his brothers [II-4]
  - g) Retell the story of Jesus and the children [II-4]
  - h) Retell the story of the Prodigal Son [III-1]

- i) Retell the story of Jesus sending out the Apostles [V-1]
- j) Retell the story of Jesus at the Temple as a boy [opt.]
- k) Retell the Feeding of the 5000 [opt.]

## VOCABULARY

Akathist Hymn	Disciples *	Obey *
Alms	Eucharist	Orthodox *
Altar *	Fasting	Pascha *
Angels *	Great Entrance	Pray / prayer *
Antidoron *	Heaven *	Priest *
Apostles *	Holy Spirit	Proskomidia
Banners	Hymns *	Protestant
Baptized *	Icon *	Religion *
Bible *	Iconostasion	Saint
Bishop	Incense	Sanctuary
Catholic (Roman)	Jesus Prayer	Savior *
Chalice Veil	Kingdom *	Sermon *
Chanter	Lance	Subdeacon
Chrismation	Liturgy *	Sunday of Orthodoxy
Christian *	Lord *	Talent *
Churching	Marriage *	Temptation *
Commandment *	Martyr	Trespass *
Congregation *	Myrrh	Virgin Mary *
Deacon	Narthex	
Deaconess	Nave	

## RECOMMENDATIONS:

1. When planning the order of the lessons, try to do them in the order they appear in the Liturgical Calendar. This includes Bible stories and Feast Days. [Consider using a Children's Bible.]
2. Continue to review Church Etiquette and Vocabulary each week.
3. The Activity Book contains activities that are trivial. Suggest that other activities be devised.
4. On page 7 of the pupil's textbook it states that "He [Jesus] also learned by helping His father Joseph." It should read "His *earthly / step* father." This could be confusing to the children.
5. In comparison to the other books in this series, the grade 1 textbook needs the most supplemental material. If time permits, tell more about the lives of the saints that are included in the Bible readings.
6. Utilize the OCEC's "Teaching Pictures."
7. Utilize the "Come Bless the Lord" Icon Packet.

## PARENTS' PACKET:

1. List of the Bible Stories
2. List of Feast Days
3. List of Prayers to be learned. Include actual text and suggested times (morning, meals, bedtime).
4. List of Hymns & texts
5. Tasks to be reviewed: Sign of the Cross, lighting candles, venerating icons, receiving Holy Communion, Paschal Greeting.
6. List of special projects for the year.
7. List of special services that the First Grader should attend. (Liturgy, Vespers, Compline, Akathist, Unction, Holy Friday afternoon, Agape Vespers of Pascha, Baptisms) Stress the importance of Liturgical worship.
8. *GUIDELINE FOR CHURCH ETIQUETTE* Booklet by Phyllis Meshel Onest, M.Div.
9. *HELPING OUR CHILDREN GROW IN FAITH: What They Can Do, When They Can Do It, and What Parents Can Do To Help!* by Phyllis Meshel Onest, M.Div.
10. *GETTING READY FOR HOLY WEEK & PASCHA: A Guide for Families* by Phyllis Meshel Onest, M.Div.
11. *RESOURCES FOR PARENTS & FAMILIES* by Phyllis Meshel Onest, M.Div.

**Other Family Resources:** *ORTHODOX FAMILY LIFE Journal* archives at <http://www.theologic.com/oflweb>

## 2nd Grade Goals & Objectives

*Text: Loving God*

### **HOLY TRINITY: To understand that God is Father, Son and Holy Spirit.**

1. God is a personal Father who loves and guides us. [II-2]
2. To identify Jesus as God, Lord, Savior, God's Son and Leader of the Church. We relate to Him through faith, love, worship and obedience.
3. To identify the Holy Spirit as the Spirit of God, the divine power in the Church and in daily living. [III-5]

### **CHURCH HISTORY & TRADITION: To understand the historical roots of both the Church and Holy Tradition.**

1. The Church is the people of God led by the apostles and today's leaders.
2. We love God's house and learn about its beginning at Pentecost and it's growth through the centuries.
3. Construct "chain of the Church" over several months with strips of colored paper to show how Church grew from the time of Jesus, disciples, each Church, Fathers and Saints down to the present day with Patriarch Bartholomew, Archbishop Demetrios, Bishop [name] and the Parish Priest's name being last on the list.
4. Learn about the patron saints of each student in the class. Retell each saint's story.
5. Learn about more Saints. Tell what each is known for and his/her feast date. (in this Textbook)
  - a) St. Demetrios [I-4]
  - b) St. John the Beloved [III-1]
  - c) St. Peter [III-4]
  - d) St. Basil [VI-4]
  - e) St. Helen and the Cross [pp.152-3]
6. Learn about additional Feast Days. Relate the story, identify persons and situations in the icon, locate in Scripture (where it applies), identify/sing the troparion. (in this Textbook)
  - a) Elevation of the Cross [pp.148-153]
  - b) Entrance of the Theotokos to the Temple [pp.154-5]
  - c) Nativity of our Lord [pp.156-7]
  - d) Presentation of our Lord [pp.158-9]
  - e) Pascha [pp.160-1]
7. Identify the Ranks of clergy and what each does liturgically.
8. Recite the Golden Rule [V-1]
9. Explain why we Fast [III-2]

### **WORSHIP & PRAYER: To understand that going to church is a whole way of life and to appreciate that the Church has a rich liturgical tradition of feasts, festal cycles and worship services.**

1. Recite the Trisagion Prayers.
2. Recite the Lord's Prayer.
3. Recite the Jesus Prayer. [II-4; TM p.147]
4. Learn more hymns:
  - a) Sing "Only Begotten Son" [TM pp.140-1]
  - b) Sing "One is Holy" [TM p.155]
  - c) Sing "We have seen the true light." [III-2; TM p.147]
  - d) Sing "Let our mouths..."
  - e) Sing "Today the Virgin gives birth" [TM pp.156-7]
  - f) Sing the hymn of the patron saint/feast of the parish
5. Recite the prayer to the Guardian Angel.
6. Name one's patron Saint, list the feast date, and why we celebrate that Saint

7. Review the proper way to pray:
  - a) Make Sign of the Cross correctly.
  - b) When do we Kneel, stand, and sit.
  - c) We pay attention in church and respect God's house.[IV-3]
8. Begin to outline the Divine Liturgy.
9. Introduce Great Vespers.
10. Introduce the Agape Service.
11. Introduce the 40-day Blessing

**BIBLE & DOCTRINE: To continue to understand the importance of the Bible and Orthodox doctrine.**

1. Identify Biblical places and events on a map or globe that are related to the lessons.
2. Identify the Bible as God's word to us, and that it is divided into the Old and New Testaments.
3. Begin memorizing the 10 Commandments. [VI-4]
4. Learn a Bible verse per month. (Integrate with the lesson.)
5. Read and discuss the Sunday Gospel reading.
6. Mysteries/Sacraments of the Church
  - a) Review Baptism [II-3]
  - b) Introduce marriage. [II-3]
  - c) Introduce priesthood.
  - d) Review Communion and preparation [III-2]
  - e) Introduce Confession [III-4]
7. Learn more Bible stories. Retell the following stories. (in this Textbook)
  - a) Adam and Eve leave the Garden [I-2]
  - b) Flight to Egypt [II-1]
  - c) Wedding of Cana [II-3]
  - d) Prodigal Son [II-5]
  - e) St. John the Beloved, Evangelist, Theologian [III-1]
  - f) Last Supper [III-2]
  - g) Jesus forgives Peter [III-4]
  - h) Good Samaritan [VI-3]
  - i) David and King Saul [V-2]
  - j) Moses and the 10 commandments [VI-4]
  - k) Parable of the house built on a rock [VI-5]
8. Identify the major points in Jesus' life. [I-3]

**EVANGELISM & STEWARDSHIP: To know that we are called to help others and tell others about our Faith. [IV, V-5]**

1. Show kindness to others.
2. Understand and respect the differences between other cultures and us.
3. Learn that God's love is for everyone.
4. Give money and service to the poor and needy. Begin to practice stewardship by bringing in a donation each week.
5. Learn about and support missions and outreach programs.

**OTHER RELIGIONS & SOCIAL ISSUES: To understand how the Orthodox faith and way of life is different from that of other faiths and traditions.**

1. Discuss the Orthodox roots are in the Jewish tradition and faith.
2. Learn to respect and love others who are different. [IV-3, V-1,2]
3. Respect our world. [V-5]

**VOCABULARY: [\* signifies that the word appears in this textbook]**

Agape Service \*  
Akathist Hymn

Alms  
Altar table \*

Archbishop \*  
Banners

Baptismal Font *	Fasting*	Orthodox
Bishop *	Gospel *	Panagia *
Bishop's throne *	Great Entrance	Patriarch *
Censer *	Great Vespers *	Prosforo
Chalice *	Hebrews *	Proskomidia
Chalice Veil	Icon *	Resurrection *
Chanter	Iconostasion	Sacrament/Mystery *
Chrismation *	Incense *	Saints *
Christian *	Jesus Prayer	Sanctuary
Church *	Lance	Savior *
Churching *	Magi *	Sin *
Communion *	Martyr	Subdeacon
Cross *	Metropolitan *	Sunday of Orthodoxy
Crucified/Crucifixion *	Miracle *	Symbol *
Deacon	Myrrh	Talents *
Deaconess	Nameday *	Ten Commandments
Eucharist	Narthex	Theotokos *
Evil Spirit	Nave	
Exaltation of the Cross	Obey *	

#### RECOMMENDATIONS:

1. Display & discuss the icon of events and persons related to the lessons. ("Come Bless the Lord Icon Packet")
2. Using a globe, identify places where Bible events occurred. (By 7<sup>th</sup> and 8<sup>th</sup> grade tie these places into Church history so that Ephesus and Athens mean something.)
3. Make Hymnology part of every week's lesson so that the students can chant/sing during the Liturgy. Consider forming a Youth choir to learn hymns.
4. Invite choir member to come to class and explain why he/she likes to sing in the choir and when they began singing, and demonstrate singing in the Liturgy.
5. Integrate the Feast Days into the schedule as they occur in the liturgical calendar.
6. Utilize the OCEC's "Teaching Pictures."
7. Utilize the Tract Masters Set 5 "The Feast Days."
8. Utilize the OCEC's "Making Things Right" to prepare the students for confession.

#### PARENTS' PACKET:

1. List of the Bible Stories
2. List of Feast Days
3. List of Prayers to be learned. Include actual text and suggested times (morning, meals, and bedtime).
4. List of Hymns & texts
5. Tasks to be learned/reviewed: Sign of the Cross, lighting candles, venerating icons, receiving Holy Communion, Paschal Greeting.
6. List of special projects for the year.
7. List of special services that 2<sup>nd</sup> grade student should attend. (Liturgy, Vespers, Compline, Akathist, Unction, Holy Friday afternoon, Agape Vespers of Pascha, Baptisms) Stress the importance of Liturgical worship.
8. *GUIDELINE FOR CHURCH ETIQUETTE* Booklet by Phyllis Meshel Onest, M.Div.
9. *HELPING OUR CHILDREN GROW IN FAITH: What They Can Do, When They Can Do It, and What Parents Can Do To Help!* by Phyllis Meshel Onest, M.Div.
10. *GETTING READY FOR HOLY WEEK & PASCHA: A Guide for Families* by Phyllis Meshel Onest,
11. *RESOURCES FOR PARENTS & FAMILIES* by Phyllis Meshel Onest, M.Div.

#### OTHER FAMILY RESOURCES:

*ORTHODOX FAMILY LIFE Journal*, a parish ministry to families. [<http://www.theologic.com/oflweb>]

## 3rd Grade Goals & Objectives

Text: *Sharing God's World*

### **HOLY TRINITY: To understand that God is Father, Son and Holy Spirit**

1. The Holy Trinity appeared to Abraham and Sarah as three angels in the OT. [I-1] (Use the Rublev icon of the Trinity or the Hospitality of Abraham icon.)
2. God made a covenant/promise with Abraham in the OT [I-3]
3. God gives Moses the 10 Commandments in the OT. [I-4].
4. Jesus reveals Himself as God in the NT. [II-1,3]
5. The Holy Spirit is the divine power in the Church and guides her and us. [III]

### **CHURCH HISTORY & TRADITION: To understand the historical roots of both the Church and Holy Tradition.**

1. The Book of Acts gives us the history of the early Church. Identify the key figures and locations discussed in Acts. [III]
  - a) St. Stephen is the first martyr of the Church [III-3]
  - b) The Apostles preached the Good News of Jesus resurrection [III-2]
  - c) Saul becomes the greatest missionary of the Church, St. Paul. [III-4]
2. List the ranks of clergy from reader to patriarch, and identify each by picture.
3. List the fasting days and seasons. Begin to Fast and give a reason for fasting.
4. Introduce the following Feast Days. Retell each story, identify what occurs in the Icons, identify or sing the Hymn, know if it occurs in Scripture.
  - a) Nativity [VII-1]
  - b) Sunday of Orthodoxy [VII-2]
  - c) Pascha [VII-3]
  - d) Ascension [VII-4]
  - e) Pentecost [III-1; VII-5]
5. Learn about more saints. Retell their story and list his/her feastday. (in this textbook)
  - a) St. Polycarp of Smyrna [IV-4]
  - b) Ss. Cosmas & Damian [VI-2]
  - c) St. Nicholas [VI-3]

### **WORSHIP & PRAYER: To understand that going to church is a whole way of life and to appreciate that the Church has a rich liturgical tradition of feasts, festal cycles and worship services.**

1. Recite the Creed.
2. Prayers for this grade:
  - a) Continue working on the Trisagion Prayers.
  - b) Recite "O Heavenly King". [III-1]
  - c) Continue the Jesus Prayer.
  - d) Continue the prayers at mealtime.
3. Make the Sign of the Cross and explain what is done.
4. Recite and explain the Lord's Prayer and find it in Scripture.
5. Continue developing the outline of the Divine Liturgy. [V-1]
6. Trace the development of the Liturgy in Acts.
7. Identify the sacred vessels used in worship. [V-1,2]
8. Observe a Proskomidia. [V-2]
9. Make Proskomo and bring in names of living and deceased for a Liturgy. [V-2]
10. Identify the sections of the church. (Arrange for a tour of Church.)
11. Identify each piece of the vestments of the altar server, deacon, priest, and bishop. (Ask Father to identify each piece and explain why and how each is used.)



12. Review morning and evening prayers. Point out that Orthodox are to pray throughout the day and that families are to pray together. [I-5, IV-3]
  - a) Introduce Matins
  - b) Introduce Vespers
13. Introduce the Memorial Service and making Koliva. [IV-4]
14. Learn more Hymns. ( in this Textbook)
  - a) Sing The Wealthy can become Poor (blessing of the loaves) [II-3, p.164, TM p.154]
  - b) Sing Nativity troparion [pp.153&164, TM p.125, p.156]
  - c) Recognize the Troparion for Sunday of Orthodoxy [p.155, TM p. 130]
  - d) Recognize "This is the Day" from Pascha [p.159]
  - e) Recognize the Troparion for the Ascension [p.162]
  - f) Sing the Troparion of the Nativity [VII-1, p.164, TM p.156]
  - g) Sing the Troparion of Pentecost [pp.164, TM p.143, p.157]
  - h) Sing "Praise the Lord" [V-2,p. 165, TM p.155]
15. Prayers that are to be memorized with each Unit of study.
  - a) Unit I: Psalm 100
  - b) Unit II: Come let us worship...
  - c) Unit III: O Heavenly King
  - d) Unit IV: Most Holy Theotokos
  - e) Unit V: We praise You, we bless You
  - f) Unit VI: Litany

**BIBLE & DOCTRINE: To continue to understand the importance of the Bible and Orthodox doctrine.**

1. Memorize one Bible verse per week. (Tie in with the lesson.)
2. Be able to locate books, chapters and verses in the Bible.
3. List the 10 commandments. [I-4]
4. Identify the 4 divisions of the NT: Gospels, Acts, Epistles, Revelations
5. To recognize that the Church unites us through Worship, Doctrine and Tradition.
6. To explain how God's grace is communicated to us via the mysteries/sacraments of the Church, i.e. visible signs of the invisible grace. (Mysteries/sacraments in this Textbook)
  - a) Communion [V-2]
  - b) Holy Oil [V-3]
  - c) Holy Water [V-4]
  - d) Review Marriage from grade 1
  - e) Review Priesthood from grade 1
  - f) Baptism [III-1]
7. Learn more Bible stories. Retell each story. (from this Textbook)
  - a) Hospitality of Abraham [I-1]
  - b) Cain & Abel [I-2]
  - c) God calls Abraham [I-3]
  - d) Hebrews build a Tabernacle [I-4]
  - e) Jesus speaks in the Synagogue [II-1]
  - f) Jesus selects the first Disciples [II-2]
  - g) Jesus feeds 5000 [II-3]
  - h) Jesus is crucified [II-4]
  - i) Pentecost [III-1]
  - j) Peter & John preach the Good News [III-2]
  - k) St. Stephen is martyred [III-3]
  - l) Saul encounters Jesus [III-4]
  - m) Isaac's family [IV-1]
  - n) Cornelius' family [IV-3]
  - o) Paul's travels [VI-1]

**EVANGELISM & STEWARDSHIP: To know that we are called to help others and tell others about our Faith.**

1. St. Paul was a great missionary [VI-1] (Use maps to point out his journeys.)

**VOCABULARY [Glossary pp.168-169; \* signifies that the word occurs in this textbook]**

Akathist Hymn	Chalice Veil	Churching
Alms	Chanter	Commandment *
Apostles *	Chrismation	Council
Banners	Christ *	Covenant *

Deacon	Lance	Prosporo
Deaconess	Martyr *	Sanctuary
Disciples	Memorial Service	Seminary *
Epistle *	Mercenary	Subdeacon
Eucharist	Missionary *	Sunday of Orthodoxy
Fasting	Myrrh	Synagogue *
Golgotha	Narthex	Tabernacle *
Gospel Book *	Nave	Theotokos
Great Entrance	Orthodox	Unction
Icon	Panagia	Unmercenaries *
Iconostasion	Pascha/ Easter *	Venerate
Incense	Prayer Book *	
Jesus Prayer	Proskomidia	

### RECOMMENDATIONS:

1. Utilize the Feast Day Tract Masters
2. Utilize maps on pp. 170-171 plus others. Point out areas where events happened.
3. Insure that each child has a prayer book at home and in class. Suggest "Treasury of Blessings".
4. Work on locating Bible stories in the Scriptures (book, chapter, verse) whenever possible. When no actual reference is given in the textbook, find it and tell the students where the story is found.
5. Review the names of all the Disciples
6. Expand on the life and work of St. Paul, i.e. that he was not one of the 12, met Jesus on the road to Damascus.
7. Attend Vespers as a class and family.
8. Encourage regular participation in the Liturgy.
9. Find the feast day of any saint discussed in the textbook. This shows the Church's stress on remembering.
10. Integrate the Feast day lessons as they occur in the liturgical calendar.
11. Focus on Pascha Vs Easter as the day of Resurrection.
12. Utilize the "Treasury of Blessings" Prayer Book.
13. Utilize the OCEC's "Teaching Pictures."
14. Utilize the "Come Bless the Lord" Icon Packet.

### PARENTS' PACKET:

1. List of the Bible Stories
2. List of Feast Days
3. List of Prayers to be learned. Include actual text and suggested times (morning, meals, and bedtime).
4. List Hymns & texts
5. Tasks to be learned/reviewed: Sign of the Cross, lighting candles, venerating icons, receiving Holy Communion, Paschal Greeting.
6. List of special projects for the year.
7. List of special services that 3rd grade student should attend. (Liturgy, Vespers, Compline, Akathist, Unction, Holy Friday afternoon, Agape Vespers of Pascha, Baptisms) Stress the importance of Liturgical worship.
8. *GUIDELINE FOR CHURCH ETIQUETTE* Booklet by Phyllis Meshel Onest, M.Div.
9. *HELPING OUR CHILDREN GROW IN FAITH: What They Can Do, When They Can Do It, and What Parents Can Do To Help!* by Phyllis Meshel Onest, M.Div.
10. *GETTING READY FOR HOLY WEEK & PASCHA: A Guide for Families* by Phyllis Meshel Onest,
11. *RESOURCES FOR PARENTS & FAMILIES* by Phyllis Meshel Onest, M.Div.

### OTHER FAMILY RESOURCES:

*ORTHODOX FAMILY LIFE Journal*, a parish ministry to families. [<http://www.theologic.com/oflweb>]

## 4th Grade Goals & Objectives

Text: *Growing with God*

### **HOLY TRINITY: To understand that God is Father, Son and Holy Spirit**

1. God the Father, Son and Holy Spirit make up the Holy Trinity. Each is a unique Person.
2. To identify Jesus as the Son of God, the awaited Messiah, the Good Shepherd and Risen Lord, who died and rose for the salvation of the world. Jesus is God.
3. The Nicene-Constantinopolitan Creed tells us about the three persons of the Trinity.
4. God gave us free will, the freedom to make choices, in order to grow.
5. The Holy Spirit is God and guides the Church and us. [VI-4]

### **CHURCH HISTORY & TRADITION: To understand the historical roots of both the Church and Holy Tradition.**

1. Name one's patron Saint, list the feast date, and why we celebrate that Saint.
2. Learn about more saints. Retell the story of the Saints in this Textbook:
  - a) St. Vladimir [I-2]
  - b) St. Ephraim the Syrian [III-2]
  - c) St. Romanos the Melodist [V-3]
  - d) St. Katherine [V-4]
  - e) St. Andrew [V-5]
  - f) St. Ignatius [VI-1]
  - g) St. John the Almsgiver [VI-2]
  - h) SS. Cyril & Methodios [VI-3]
  - i) St. Innocent [VI-4]
3. Learn more Feast Days. Retell the story, identify what occurs in the Icon, identify or sing the Hymn, know if it occurs in Scripture. (in this Textbook)
  - a) Nativity of the Theotokos [pp.152-3]
  - b) Dormition of the Theotokos [pp.154-5]
  - c) SS Peter & Paul [pp.156-7]
  - d) Twelve Apostles [pp.157-8]
  - e) Transfiguration [pp.159-161]
4. Mysteries/Sacraments in this Textbook: Define and give the outward and inward signs of God's grace.
  - a) Communion [I-4]
  - b) Marriage [IV-1]
  - c) Baptism [IV-3]
  - d) Chrismation [IV-3]
  - e) Repentance (Partake of confession and repentance and apply to one's own life.) [IV-4]
  - f) Ordination List the function of each rank of clergy. [V-5]
  - g) Review Holy Oil/Uncion
5. List the fasting days (Wed. & Fri.) and the 4 fasting periods, the reasons for their selection, and rules and purpose of fasting. [III-3,4]
6. Expand Great Lent. [III-5]

### **WORSHIP & PRAYER: To understand that going to church is a whole way of life and to appreciate that the Church has a rich liturgical tradition of feasts, festal cycles and worship services.**

1. Recite the Creed.
2. Learn before and after Holy Communion prayers.
3. Identify the parts of the Liturgy. [I-2,3]
4. The Liturgy takes in all our senses. List each sense and how it is stimulated.
5. Prayers to be memorized in each Unit of Study in this Textbook:
  - a) Unit I: Psalm 100:1-4
  - b) Unit I: Doxology [I-2, p.162, TM pp.158-9]
  - c) Unit II: Prayer recited before the Gospel reading
  - d) Unit III: Prayer of St. Ephraim
  - e) Unit IV: Trisagion
  - f) Unit V: Heavenly King
  - g) Unit VI: Lord's Prayer [III-2]

6. Hymns to learn from this Textbook:
  - a) Sing Doxology [I-2, p.162, TM pp.158-9]
  - b) Sing Champion Leader [p.163, TM p.160]
  - c) Sing Those who have been baptized into Christ [IV-3, p.163, TM p.161]
  - d) Sing "We have seen the true light." [I-4] Sing the troparion of one's patron saint.
  - e) Sing the troparion of the church.
7. Introduce the Presanctified Liturgy. Distinguish between the Divine Liturgy and the Presanctified Liturgy. [III-5]
8. Introduce the Salutations/Akathist Hymn. [III-5]
9. Introduce the Supplications to the Theotokos. [III-5]
10. List the three divisions of the Church. [II-1]
11. Continue/ expand fasting. [III-3,4,5]
12. List how each of the 5 senses is stimulated during Orthodox worship.

**BIBLE & DOCTRINE: To continue to understand the importance of the Bible and Orthodox doctrine and that the Bible is God's message to us. [II-1]**

1. Review referencing verses in Scripture.
2. Continue memorizing Bible verses each week.
3. Examine the four Gospels, particularly John. Identify the verses that support His deity, death and resurrection.
4. Recognize the fulfillment of prophecy in the major events of the life of Christ. (Make a book of - determine the number - prophecies. List the prophecy in the Old Testament and its fulfillment in the New Testament.)
5. Identify major Old Testament figures and their related themes, ex. Abraham and faithfulness, Passover, Moses, Ruth, David, Joseph, Esther, Daniel, 3 Holy Youths. (Relate and/or illustrate with a drawing. Share with other classes. Write a short play and act out for other classes. Make a matching game using 3x5 cards. Students match up cards listing the major Old Testament figures with the card listing the related themes.)
6. Study Divine Liturgy. Recognize the close relationship between the Bible and worship.
7. Locate the Psalms used in Matins and Vespers, then make a book of this information.
8. Define "Old Testament". [II-1]
9. List the categories of books in the Old Testament. [II-2]
10. Name the books of the Old Testament; at least the first 5. [II-1]
11. Identify the four gospel writers. [II-1,3]
12. Identify the four divisions of the New Testament (Gospels, Acts, Epistles, Revelation) [II-2,3]
13. Recite the 10 Commandments and locate them in the Bible.
14. Learn more Bible stories and be able to retell them. (in this Textbook)
 

a) Passover [II-2]	g) Repentance of David [IV-4]
b) Jesus cleanses the Temple [II-3]	h) Ruth [V-1]
c) Parable of the Sower [II-4]	i) Timothy [V-2]
d) Temptation in the wilderness [III-3]	j) Transfiguration [pp.160-161]
e) Moses brings water from a rock [III-5]	
f) John the Baptist [IV-2]	

**EVANGELISM & STEWARDSHIP: To know that we are called to help others and tell others about our Faith.**

1. Practice stewardship - from preserving God's physical creation (these children are great recyclers) to taking care of the needs of the Church and people.
2. To understand aspects of discipleship such as growing in the faith, witness and mission.
3. Identify SS. Cyril & Methodios and St. Innocent as evangelizers.
4. On a current map, identify locations where there are Orthodox Christians.

**VOCABULARY: [Glossary pp. 166-9; \* signifies that the word is in this textbook]**

Absolution	Epitaphios	Passover *
Acts of the Apostles *	Forerunner	Patriarch
Advent	Godparent *	Prayer *
Akathist Hymn *	Great Entrance *	Presanctified Liturgy *
Almsgiving *	Great Lent *	Prophets *
Altar *	Holy Myron *	Psalms
Apostolos/Epistle	Image	Repentance *
Asterisk	Incarnation	Revelations *
Bible *	Lamb	Sanctuary *
Chant	Lamentations of Christ	Salutations *
Chrism *	Liturgy *	South Door
Chrismation *	Mercy *	Sponge
Consecrate *	Monastery *	Synagogue *
Creator *	Monk *	Theotokos *
Creed *	Narthex *	Synod
Cuffs	Nativity *	Torah *
Cupolas/Domes	Nave *	Tradition *
Dikiri & Trikiri	New Testament *	Trisagion *
Diocese *	North Door	Worship *
Dormition *	Old Testament *	Zeon
Eagle	Ordain *	Zone / Belt
Epigonation	Pantocrator	
Epiphany / Theophany	Parable *	

**RECOMMENDATIONS:**

1. Practice referencing the Bible. Keep a Bible verse log to memorize.
2. Integrate the Feast Days as they occur during the year. Utilize the icon, hymn, and scripture reading.
3. Contact the Orthodox Christian Mission Center for active mission sites.
4. Utilize the "Come Bless the Lord" Icon Packet.
5. Utilize the "Treasury of Blessings" Prayer Book.
6. Utilize the OCEC's "Teaching Pictures."
7. Utilize the Tract Master series Set #5 on the Feast Days.

**PARENTS' PACKET:**

1. List of the Bible Stories
2. List of Feast Days
3. List of Prayers to be learned. Include actual text and suggested times (morning, meals, and bedtime).
4. List Hymns & texts
5. Tasks to be learned/reviewed: Sign of the Cross, lighting candles, venerating icons, receiving Holy Communion, Paschal Greeting.
6. List of special projects for the year.
7. List of special services that 4<sup>th</sup> grade student should attend. (Liturgy, Vespers, Compline, Akathist, Unction, Holy Friday afternoon, Agape Vespers of Pascha, Baptisms) Stress the importance of Liturgical worship.
8. *GUIDELINE FOR CHURCH ETIQUETTE* Booklet by Phyllis Meshel Onest, M.Div.
9. *HELPING OUR CHILDREN GROW IN FAITH: What They Can Do, When They Can Do It, and What Parents Can Do To Help!* by Phyllis Meshel Onest, M.Div.
10. *GETTING READY FOR HOLY WEEK & PASCHA: A Guide for Families* by Phyllis Meshel Onest, M.Div.
11. *RESOURCES FOR PARENTS & FAMILIES* by Phyllis Meshel Onest, M.Div.

**OTHER FAMILY RESOURCES:**

*ORTHODOX FAMILY LIFE Journal*, a parish ministry to families. [<http://www.theologic.com/oflweb>]

# 5th Grade Goals & Objectives

Text: *God Calls Us*

## **HOLY TRINITY: To understand that God is Father, Son and Holy Spirit**

1. God's name in the Old Testament is Yahweh or "I Am". [I-4]
2. God is Holy. [II-1]
3. Holy Spirit works through the Prophets, the Apostles and the Church Fathers.

## **CHURCH HISTORY & TRADITION: To understand the historical roots of both the Church and Holy Tradition.**

1. List [determine the number or the list] major saints and the dates of their feast. (in this Textbook)
  - a) Theotokos [III-1]
  - b) St. Peter [IV-1]
  - c) St. Paul [IV-1]
  - d) St. Philip the Deacon [IV-3]
  - e) St. Anthony [IV-4]
  - f) Church Fathers: Athanasios, Basil, Gregory the Theologian [IV-5]
  - g) St. Maximos the Confessor [V-1]
  - h) St. Philothei [V-2]
  - i) St. Herman [V-3]
  - j) St. Nectarios [V-4]
  - k) St. Gregory Palamas, St. John of the Ladder, St. Mary of Egypt [VI-2]
2. Relate the vast variety of Saints and their witness to contemporary life. Construct an Ecclesiastical "time table" from "Abraham to Aegina."
3. Mysteries/Sacraments
  - a) Review Confession [II-5]
  - b) List the ranks of clergy. [IV-3]

## **WORSHIP & PRAYER: To understand that going to church is a whole way of life; to appreciate that the Church has a rich liturgical tradition of feasts, festal cycles and worship services, and to understand that the liturgical year is a continuous commemoration of Saints, Apostles, and Martyrs as witnesses of faith.**

1. Identify the components of the liturgical year.
2. List and define the 12 Great Feasts.
3. List and define the different services of the Church.
4. Review Church etiquette. Explain when we stand, kneel, and enter the Nave.
5. Great Lent and Holy Week. Define Great Lent. Explain when it occurs.
  - a) List what event in Christ's life is remembered or the theme of each day of Holy Week. [VI]
  - b) List the services of each day of Holy Week. [VI]
  - c) Practice Orthodox fasting during Great Lent.
  - d) Learn the Prayer of St. Ephraim the Syrian that is recited during Great Lent. [VI-3]
  - e) List the Pre-Lenten Sundays. [VI-1]
  - f) List the Lenten Sundays. [VI-2]
  - g) Review the Presanctified Liturgy. [VI-3]
  - h) Review the Akathist Hymn. [VI-3]
  - i) Introduce the Great Compline. [VI-3]
  - j) Introduce the Canon of St. Andrew. [VI-3]
  - k) Describe the Bridegroom Service including when it occurs. [VI-4]
  - l) Introduce Prayers for the dead. [III-1]
6. Review the parts of the Liturgy: Petitions, Antiphons, Cherubic Hymn, Anaphora, Communion, and Thanksgiving. [III-2]
7. Identify the visible signs of each of the mysteries/sacraments (oil and wine for Unction; crowns for Marriage).



8. Continue learning prayers. (Prayers in this Textbook.)
  - a) Unit I: Psalm 37:1
  - b) Unit II: Psalm 106:1-3
  - c) Unit III: Christ our God, who at all times...
  - d) Unit IV: Christ our Lord, You came among Your Disciples... [TM pp.212-3]
  - e) Unit V: Psalm 118 [TM pp.216-7]
  - f) Unit VI: Prayer of St. Ephraim
  - g) Recite the Creed
9. Learn more Hymns. (in this Textbook)
  - a) Sing "O Lord Save Your People" [I-3,5;p.162; TM p.215]
  - b) Sing "Holy, Holy, Holy" [II-1]
  - c) Sing "Memory Eternal" [V-2,4; TM p.220]
  - d) Sing "We Praise You" [VI-3, TM p.221]
  - e) Sing "Christ is Risen" [VI-4, TM p.222]
9. Review the Major Feast Days. (in this textbook)
  - a) Annunciation [III-1]
  - b) Theophany [III-2]
  - c) Pentecost [IV-1, VI-1]

**BIBLE & DOCTRINE: To continue to understand the importance of the Bible and Orthodox doctrine.**

1. To understand the parables of Jesus.
2. Reference and locate the parables [determine number or list specific ones]. (Suggested activities: Act out major parables used in Church. Write a play using parables in modern times. Perform for pre-schoolers. To relate Jesus' parables to contemporary life.)
3. Relate the parables of Jesus to contemporary life.
4. Teach and describe "God's Love" to the class using examples. Classmates work with teacher. Use a 5th grade situation to describe how God loves us.
5. List the 10 Commandments. [I-5]
6. Bible stories in this Textbook: [Read from the Scriptures when possible.]
 

a) Sacrifice of Isaac [I-1]	l) Theophany [III-2]
b) Jacob wrestles with God [I-2]	m) Sermon on the Mount [III-3]
c) Joseph in Egypt [I-3]	n) Jesus heals the blind man [III-4]
d) Baby Moses, Moses and the burning bush [I-4]	o) Jesus the Good Shepherd [III-5]
e) Exodus & the 10 Commandments [I-5]	p) Jesus judges the world [III-6]
f) Joshua & the Promised Land [II-1]	q) Publican & Pharisee [VI-1]
g) Gideon [II-2]	r) Holy Week [VI-4]
h) King Solomon [II-3]	s) Peter preaches on Pentecost [VI-1]
i) Prophet Elijah [II-4]	t) Paul preaches [VI-2]
j) Ezra & Nehemiah [II-5]	u) Philip the Deacon & the Ethiopian [VI-3]
k) Annunciation [III-1]	

**EVANGELISM & STEWARDSHIP: To know that we are called to help others and tell others about our Faith.**

1. Witness by putting faith in action. Ex: Collect and deliver mittens to the needy.
2. Shoebox projects
3. Collect canned goods at holidays.

**VOCABULARY (Glossary pp.164-7; \* signifies words in this textbook)**

Abbess/Abbot *	Advent	Apostolos
Absolution	Akathist Hymn *	Ark of the Covenant *
Acolyte	Amen *	Ascetic *

Asterisk	Incarnation	Proverbs
Atheist *	Incense *	Psalms *
Axios *	Israelites *	Psalter *
Chant	Judges *	Publican
Church Father *	Lamb	Rabbi *
Clean Monday	Lamentations of Christ	Redeemer *
Confessor *	Miracle *	Repentance
Convent *	Monastics *	Righteous *
Cuffs	Moslems *	Sacrifice *
Cupolas/Domes	North Door	Salvation *
Dikiri & Trikiri	Ordain *	Scribe *
Eagle	Panagia *	Soul *
Epigonation	Pantocrator	South Door
Epiphany / Theophany	Patriarch *	Sponge
Epitaphios	Pascha/Easter *	Synod
Ethics	Pentecost	Theologian *
Faith *	Petition *	Theotokos *
Forerunner	Pharisee	Witness *
Holy *	Prophet *	Zeon
Humility *	Prostration *	Zone / Belt

#### RECOMMENDATIONS:

1. Utilize maps on pp.168-9.
2. Memorize Bible verses with each lesson.
3. Utilize the "Come Bless the Lord" Icon Packet
4. Utilize the OCEC's "Teaching Pictures."
5. Utilize the "Treasury of Blessings" Prayer book.
6. Utilize the Tract Master series Set #5 on the Feast Days.

#### PARENTS' PACKET:

1. List of the Bible Stories
2. List of Feast Days
3. List of Prayers to be learned. Include actual text and suggested times (morning, meals, and bedtime).
4. List Hymns & texts
5. Tasks to be learned/reviewed: Sign of the Cross, lighting candles, venerating icons, receiving Holy Communion, Paschal Greeting.
6. List of special projects for the year.
7. List of special services that 5<sup>th</sup> grade student should attend. (Liturgy, Vespers, Compline, Akathist, Unction, Holy Friday afternoon, Agape Vespers of Pascha, Baptisms) Stress the importance of Liturgical worship.
8. *GUIDELINE FOR CHURCH ETIQUETTE* Booklet by Phyllis Meshel Onest, M.Div.
9. *HELPING OUR CHILDREN GROW IN FAITH: What They Can Do, When They Can Do It, and What Parents Can Do To Help!* by Phyllis Meshel Onest, M.Div.
10. *GETTING READY FOR HOLY WEEK & PASCHA: A Guide for Families* by Phyllis Meshel Onest, M.Div.
11. *RESOURCES FOR PARENTS & FAMILIES* by Phyllis Meshel Onest, M.Div.

#### OTHER FAMILY RESOURCES:

*ORTHODOX FAMILY LIFE Journal*, a parish ministry to families. [<http://www.theologic.com/oflweb>]

## 6th Grade Goals & Objectives

*Honesty [H], Knowing Christ [KC], Stewardship [S], Peer Pressure [PP]*

### **HOLY TRINITY: To understand that God is Father, Son and Holy Spirit**

1. To understand that the way of God is the way of the Church and the way of Christian life.
2. To expand on each person of the Holy Trinity using the definitions presented in the Nicene-Constantinopolitan Creed. [KC-1]
3. God has given us free will/choice. Dishonesty and poor choices have consequences.

### **CHURCH HISTORY & TRADITION: To understand the historical roots of both the Church and Holy Tradition.**

1. To recognize the inter-relationship between the Bible and Tradition.
2. Distinguish between BC and AD

### **WORSHIP & PRAYER: To understand that going to church is a whole way of life and to appreciate that the Church has a rich liturgical tradition of feasts, festal cycles and worship services.**

1. Identify the name and date of each of the Major Feast Days.
2. Elaborate on each of these icons.
3. Identify the 6 gifts that we offer at Liturgy and give the spiritual meaning of each. [S-1]
4. Explain why the Church Blesses Water.
5. Explain why we bless our home.
6. Explain the purpose of the Memorial Service.
7. Amplify the Sacramental knowledge with "hands-on-experience." Make Prosporo and Koliva and present names for Liturgy.
8. Review the visible signs of each Sacrament.
9. Explain the following about the Nativity Fast/Advent: purpose, scripture, spiritual vs. commercial preparation.
10. Triodion and Lent: The use of Scripture, explanation the Holy Week and Lenten Services, preparation for Confession, personal preparation, memorization of the Holy Week Services.
11. Holy Wednesday/Holy Unction. Discuss and attend the service.

### **BIBLE & DOCTRINE: To continue to understand the importance of the Bible and Orthodox doctrine.**

1. Be able to locate chapters and verse in both the Old and New Testaments.
2. Explain the connection between the Adam & Eve's Expulsion from Paradise and the Resurrection.
3. Explain two of the OT prophecies foretelling the coming of the Messiah. [KC-1]
4. Identify major events in Christ's life.
  - a) The birth of Jesus. [KC-1]
  - b) The early years of Jesus' life. [KC-1]
  - c) The beginning of Jesus' ministry. [KC-1]
  - d) Selecting the Disciples. ("Follow Me.")
  - e) The temptation of Christ.(Free will/Choice) [PP-4]
  - f) The Sermon on the Mount. [KC-4]
  - g) List 5 of Jesus' parables. [KC-3, TM p.27]
    - Talents [S-4]
    - Prodigal Son [H-5]
    - Weeds [KC-3]
    - 2 house builders [KC-3]
5. Give examples of the following types of miracles: healings, exorcisms, raising from the dead, controls nature (Jesus calms the storm). [KC-5 Listing in KC TM p.47.]
6. Jesus' Entry into Jerusalem.
7. Last Supper. [KC-6]

8. Betrayal.
9. Trial before Pilate. [KC-6]
10. Crucifixion. [KC-6]
11. Resurrection/Pascha. [KC-6]
12. Post-Resurrection Appearances. [KC-6]
13. Ascension.
14. Explain the connection between Passover & the Resurrection.
15. Give examples of persons in the OT who were tempted and how each handled it. [Joseph, Job, David, Samson]
16. Explain the effect of Pentecost on the Apostles.
17. Explain Repentance. [KC-2]
18. Define the "Good News." [KC-2]
19. Define the "Kingdom of God." [KC-2]
20. Recite the "Golden Rule." [H-2]
21. Recite the 10 Commandments, including the number and in correct order, and give a life example of each. [H-2]
22. Review the Sunday Dismissal Hymns. Tie them in with the Resurrection.,
23. Faith and Works, an Orthodox understanding.
24. Show how scripture should play a role in our lives by making behavioral comparisons between self and the Bible stories and Parables.
25. Give the meaning of the following sacramental and devotional practices. Locate those that are found in Scripture.
  - a) Jesus Prayer.
  - b) Lord's Prayer. [H-5 includes forgiveness]
  - c) Creed (English and Greek). [KC-1,2]
  - d) Beatitudes. [S-5, KC-4]
  - e) Prayer to the Holy Spirit / Trisagion.
  - f) Hymn of Church.
  - g) Pre and Post Communion Prayer.

**EVANGELISM & STEWARDSHIP: To know that we are called to help others and tell others about our Faith.**

1. Explain what is mean by stewardship and list its 3 forms.
2. Identify various Talents.
3. Explain how St. Symeon the Translator used his talents. [S-3]
4. List Talents that we bring to the worship services of our church.
5. List our responsibility to the Creation. [S]

**VOCABULARY in above 4 textbooks:**

Beatitude	Gospel	Reconcile
Beelzebub	Honest	Reconciliation
Betrayal	Humility	Repent
Commandment	Image	Restoration
Compassion	Incarnation	Sacrifice
Confession	Integrity	Saint
Covenant	Messiah	Satan
Creation	Miracle	Steward
Creed	Missionary	Stewardship
Dishonesty	Obedience	Talent
Eternal	Parable	Tempt
Forgive	Pity	Temptation
Forgiveness	Prophet	Trust

Universe	Council	Lamentations of Christ
<b>Previous Vocabulary:</b>	Creator	Lance
Abbess/ Abbot	Creed	Liturgy
Absolution	Cross	Lord
Acolyte	Crucifixion	Magi
Advent	Crucify	Marriage
Agape Service	Cuffs	Martyr
Akathist Hymn	Cupolas/Domes	Mary
Alms	Deacon	Memorial Service
Almsgiving	Deaconess	Mercenary
Altar	Dikiri & Trikiri	Mercy
Altar Server	Diocese	Metropolitan
Amen	Disciples	Miracle
Angel	Dormition	Missionary
Antidoron /Holy Bread	Eagle	Monastery
Apostles	Epigonation	Monastics
Apostolos / Epistle	Epiphany / Theophany	Monk
Archbishop	Epistle	Moslems
Ark	Epitaphios	Myrrh
Ark of the Covenant	Ethics	Nameday
Ascetic	Eucharist	Narthex
Asterisk	Evil spirit	Nativity
Atheist	Exaltation of the Cross	Nave
Axios	Faith	North Door
Banners	Fasting	Ordain
Baptismal Font	Forerunner	Orthodox
Baptize	Guardian Angel	Palm
Bible	Godparent	Panagia
Bishop	Golgotha	Pantocrator
Bishop's throne	Gospel Book	Parable
Blessing Cross	Great Entrance	Pascha / Easter
Candle	Great Lent	Passover
Catholic (Roman)	Great Vespers	Patriarch
Censer	Heaven	Pascha/Easter
Chalice	Hebrews	Pentecost
Chalice Veil	Holy	Petition
Chant / Chanter	Holy Myron	Pew
Church Father	Holy Water	Pharisee
Chrism	Holy Spirit	Pray / Prayer
Chrismation	Humility	Prayer Book
Christ	Hymns	Preach
Christian	Icon	Presanctified Liturgy
Church	Iconostasion	Priest
Church Father	Image	Proskomidia
Churching	Incarnation	Prosforo
Clean Monday	Incense	Prostration
Commandment	Israelites	Protestant
Communion	Jesus	Proverbs
Confessor	Jesus Prayer	Psalms
Congregation	Judges	Psalter
Consecrate	Kingdom	Publican
Convent	Lamb	Rabbi

Redeemer	Sin	Torah
Religion	Soul	Tradition
Repentance	South Door	Trespass
Resurrection	Sponge	Trisagion
Righteous	Spoon	Unction
Sacrament/Mystery	Subdeacon	Unmercenaries
Saint	Symbol	Venerate
Salutations	Synagogue	Virgin Mary
Salvation	Synod	Witness
Sanctuary	Tabernacle	Worship
Savior	Talent	Zeon
Scribe	Ten Commandments	Zone / Belt
Seminary	Theologian	
Sermon	Theotokos	

#### RECOMMENDATIONS:

1. Use the Internet and CD-ROM programs for Orthodox learning.
2. Utilize the Orthodox Study Bible.
3. If owned by the church school, use the (self-correcting) Creed game.
4. Utilize the McGee & Me Video "The Big Lie."
5. Read the Epistle of James.
6. Include these OT stories: the 3 Holy Youths (referred to on Holy Saturday and during Paraklesis), Wisdom of Solomon, and Maccabees.

#### PARENTS' PACKET:

1. List of the Bible Stories
2. List of Feast Days
3. List of Prayers to be learned. Include actual text and suggested times (morning, meals, and bedtime).
4. List Hymns & texts
5. Tasks to be learned/reviewed: Sign of the Cross, lighting candles, venerating icons, receiving Holy Communion, Paschal Greeting.
6. List of special projects for the year.
7. List of special services that 6<sup>th</sup> grade student should attend. (Liturgy, Vespers, Compline, Akathist, Unction, Holy Friday afternoon, Agape Vespers of Pascha, Baptisms) Stress the importance of Liturgical worship.
8. *GUIDELINE FOR CHURCH ETIQUETTE* Booklet by Phyllis Meshel Onest, M.Div.
9. *HELPING OUR CHILDREN GROW IN FAITH: What They Can Do, When They Can Do It, and What Parents Can Do To Help!* by Phyllis Meshel Onest, M.Div.
10. *GETTING READY FOR HOLY WEEK & PASCHA: A Guide for Families* by Phyllis Meshel Onest, M.Div.
11. *RESOURCES FOR PARENTS & FAMILIES* by Phyllis Meshel Onest, M.Div.

#### OTHER FAMILY RESOURCES:

*ORTHODOX FAMILY LIFE Journal*, a parish ministry to families. [<http://www.theologic.com/oflweb>]



## 7<sup>TH</sup> & 8<sup>TH</sup> GRADE GOALS & OBJECTIVES

*The curriculum of the 7<sup>th</sup> & 8<sup>th</sup> grade class needs to be interactive and hands on.*

*By the end of the 2-year period, the students will have reviewed and shown a certain degree of mastery of the basic information and concepts presented in Fr. Thomas Hopko's THE ORTHODOX FAITH: AN ELEMENTARY HANDBOOK OF THE ORTHODOX CHURCH – Doctrine, Worship, Bible & Church History, Spirituality. This class is a preparation for the High School class that will focus on moral and daily application of the Orthodox Faith.*

*Each unit will include various levels of understanding:*

*Level I: Rote facts*

*Level II: Concepts*

*Level III: Comparisons & Inferences*

*Level IV: Independent Study/Projects*

### **ORTHODOX SOURCES FOR DOCTRINE & INFORMATION**

1. Scripture
2. Church Fathers
3. Service Books [Prayer book/Euchologion, Menaion, Triodion, Pentecostarion]
4. Concordance
5. Hopko 4-volume series
6. Internet resources

**VOCABULARY:** As listed from Preschool through Grade 6.

### **WORSHIP: Divine Liturgy**

1. Identify the divisions of the Liturgy.
2. Identify the major hymns & prayers of the Liturgy.
3. Identify what each particle of bread of the Proskomidia, as well as the water & wine, represent.
4. Explain the major hymns.
5. Compare & contrast the three Liturgies used by the Orthodox Church.
6. List the comparisons between OT worship & the Liturgy.
7. Identify the roots of the Liturgy found in the New Testament.
8. Come to understand that when we worship during the Liturgy or at other times, we are “out of time,” that time stands still. We enter “-God’s time.”

### **WORSHIP: Mysteries/sacraments**

1. Name the 7 Mysteries/sacraments of the Orthodox Church.
2. Locate the Scripture references for each mystery/sacrament.
3. List the visible & invisible signs of each mystery/sacrament.
4. Explain the origins and meaning/purpose of each mystery/sacrament.
5. Explain the preparation needed for each mystery/sacrament.
6. Compare the mysteries/sacraments of the Orthodox with Roman Catholic and Protestant churches.
7. Give the historical development of each mystery/sacrament.
8. What makes a mystery/sacrament a mystery/sacrament?

### **WORSHIP: Other Divine Services (Akolothies)**

1. Name the other services of the Orthodox Church [Paraklesis/Supplication, Akathist Hymn, and Blessing of Water, Funeral].
2. Give the purpose of each of these services.
3. Compare and contrast these services.

### WORSHIP: Cycle of Services

1. Name the 6 services that make up the daily cycle [Hours, Matins, Liturgy, Vespers, Compline, and Midnight Office].
2. Identify the time each is celebrated.
3. Give a basic definition of each.
4. Identify the purpose of each service.

### PRAYER

1. Recite the Lord's Prayer.
2. Recite the Nicene Creed.
3. Recite the Prayer of St. Ephraim.
4. Recite a Pre-Communion & Post-Communion Prayer.
5. Recite the Jesus Prayer.
6. Write out the Nicene Creed.
7. List what the Creed professes about God the Father.
8. List what the Creed professes about Jesus Christ.
9. List what the Creed professes about the Holy Spirit.
10. List what the Creed professes about the Church.
11. Compare and contrast how Orthodox Christians, Jews and Moslems view God.

### HYMNS

1. Sing/recite "Gladstone Light".
2. Sing/recite "Christ is Risen".
3. Sing/recite the parish's troparion.

### SCRIPTURE

1. List the two main divisions of the Bible.
2. List the major divisions or type of literature of the Old Testament [Law, History, Wisdom, Psalms, and Prophets].
3. List the major divisions of the New Testament [Gospels, Acts of the Apostles, Letters, and Revelations].
4. List the 4 Gospel writers.
5. List the books of the New Testament.
6. List the 10 Commandments.
7. Identify the key stories that make up Jesus' life.
8. Identify the key stories of the Old Testament [Creation, Expulsion from Eden, Moses, the Exodus, the 10 commandments, Jonah, Three Holy Youths, David, Joseph...].
9. List the Beatitudes.
10. Discuss the meaning of key Parables [list].
11. Explain how the OT prophecies are fulfilled in Jesus Christ.
12. Explain each of the 10 Commandments.
13. Give an example from Scripture for each of the 10 Commandments.
14. Apply the 10 Commandments to daily life.
15. Explain how the books of the NT were selected.
16. Compare and contrast the Orthodox & Protestant OT.
17. Compare and contrast that the Orthodox, Roman Catholic, & Protestant churches' approaches to the Scripture.
18. Explain how the 2 Commandments given by Christ fulfill the 10 Commandments.

## **CHURCH CALENDAR**

1. Identify when the Church or ecclesiastical calendar begins.
2. List, give the dates, and identify the icon of each of the 12 Major Feasts.
3. List & give the dates of the 4 Lenten Periods.
4. Identify what occurs or is remembered on each day of Holy Week.
5. Name 6 major saints and his/her feast day.
6. List the 3 special services offered during the Paschal Lent [Compline, Presanctified Liturgy, and Compline] and name the purpose of each.
7. List the feast days of the Lord.
8. List the feast days of the Theotokos.
9. Identify the parish's patron saint or feast day, icon and hymn.
10. Connect the hymns & icons of each of the 12 Major Feasts.
11. Explain the purpose and preparation for each of the Lenten seasons.
12. Explain how the date of Pascha is calculated.
13. Compare & contrast the OT Passover and the NT Pascha.

## **CHURCH HISTORY**

1. Distinguish between BC and AD.
2. List the dates/centuries of the 7 Ecumenical Councils.
3. When did the schism/split between the Eastern Orthodox and Roman Catholic Churches occur?
4. When did the Protestant Reformation occur?
5. Identify the countries where Orthodox Missionaries first traveled.
6. Great moments of Church History centered on key figures and events. (St. Ignatius of Antioch, St. Anthony the Great, St. Athanasios, SS. Constantine & Helen, St. Photios, St. Kosmas Aitolos, St. Nektarios, & others.)

## **DOCTRINE** [overlaps with the section on the Creed]

1. List the 3 persons of the Holy Trinity.
2. List the 2 natures of Jesus Christ.
3. List the components of Holy Tradition.
4. Define Sin.
5. Define Salvation.
6. Define Theosis.
7. Explain the Incarnation.
8. Explain why Jesus had to die.
9. Explain how Jesus' resurrection affects us.
10. Explain how Pentecost relates to us.
11. Compare and contrast the Old and New Adams.
12. Compare and contrast Eve and the Virgin Mary.
13. Apply Mary's example to your life.
14. Explain Sonship.

## **CHURCH ARCHITECTURE & RELIGIOUS ITEMS** [Resource: *Focus on You, Program 4*]

1. List the 3 divisions of the Church building.
2. Identify the furnishings of the Altar area. [List]
3. Identify the furnishings of the Nave. [List]
4. Identify the furnishings of the Narthex. [List]
5. List the order of the icons on the icon screen/Iconostasion.
6. List each vestment worn by the Bishop, Priest & Deacon.
7. Explain each of the following symbols: fish (ΙΧΘΥΣ), triangle, grapes & vines, wine & bread...
8. Explain the symbolism of each vestment worn by the Bishop, Priest & Deacon.
9. Explain the symbolism of each piece of the church's architecture & furnishings. [List]

## VOCABULARY: PRESCHOOL-6TH

Abbess/ Abbot	Communion	Holy Spirit
Absolution	Compassion	Honest
Acolyte	Confession	Humility
Advent	Confessor	Hymns
Agape Service	Congregation	Icon
Akathist Hymn	Consecrate	Iconostasion
Alms	Convent	Image
Almsgiving	Council	Incarnation
Altar	Creator	Incense
Altar Server	Creed	Integrity
Amen	Cross	Israelites
Angel	Crucifixion	Jesus
Antidoron /Holy Bread	Crucify	Jesus Prayer
Apostles	Cuffs	Judges
Apostolos / Epistle	Cupolas/Domes	Kingdom
Archbishop	Deacon	Lamb
Ark	Deaconess	Lamentations of Christ
Ark of the Covenant	Dikiri & Trikiri	Lance
Ascetic	Diocese	Liturgy
Asterisk	Disciples	Lord
Atheist	Dishonesty	Magi
Axios	Dormition	Marriage
Banners	Eagle	Martyr
Baptismal Font	Epignation	Mary
Baptize	Epiphany / Theophany	Memorial Service
Beatitude	Epistle	Mercenary
Beelzebub	Epitaphios	Mercy
Betrayal	Eternal	Messiah
Bible	Ethics	Metropolitan
Bishop	Eucharist	Miracle
Bishop's throne	Evil spirit	Missionary
Blessing Cross	Exaltation of the Cross	Monastery
Candle	Faith	Monastics
Catholic (Roman)	Fasting	Monk
Censer	Forerunner	Moslems
Covenant	Forgive	Myrrh
Creation	Forgiveness	Nameday
Chalice	Guardian Angel	Narthex
Chalice Veil	Godparent	Nativity
Chant / Chanter	Golgotha	Nave
Church Father	Gospel	North Door
Chrism	Gospel Book	Obedience
Chrismation	Great Entrance	Ordain
Christ	Great Lent	Orthodox
Christian	Great Vespers	Palm
Church	Heaven	Panagia
Church Father	Hebrews	Pantocrator
Churching	Holy	Parable
Clean Monday	Holy Myron	Pascha / Easter
Commandment	Holy Water	Passover

Patriarch  
Pascha/Easter  
Pentecost  
Petition  
Pew  
Pharisee  
Pity  
Pray / Prayer  
Prayer Book  
Preach  
Presanctified Liturgy  
Priest  
Prophet  
Proskomidia  
Prosforo  
Prostration  
Protestant  
Proverbs  
Psalms  
Psalter  
Publican  
Rabbi  
Reconcile  
Reconciliation  
Redeemer  
Religion

Repent  
Repentance  
Restoration  
Resurrection  
Righteous  
Sacrament/Mystery  
Sacrifice  
Saint  
Salutations  
Salvation  
Sanctuary  
Satan  
Savior  
Scribe  
Seminary  
Sermon  
Sin  
Soul  
South Door  
Sponge  
Spoon  
Steward  
Stewardship  
Subdeacon  
Symbol  
Synagogue

Synod  
Tabernacle  
Talent  
Tempt  
Temptation  
Ten Commandments  
Trust  
Theologian  
Theotokos  
Torah  
Tradition  
Trespass  
Trisagion  
Unction  
Universe  
Unmercenaries  
Venerate  
Virgin Mary  
Witness  
Worship  
Zeon  
Zone / Belt

## GRADES 9-12 GOALS & OBJECTIVES

Many parishes combine 9th through 12th grade classes into a High School Class. This may be done, in part, because of the number of available students. Another reason for this grouping is that by now they have completed eight years of catechetical training and the emphasis should shift to a practical application of the faith in one's life and the significance of the faith in the world. This does not mean that there will no longer be didactic presentations. The vastness of Orthodox theology and Tradition requires us to present additional material to the high school student as needed

For this to happen, a high school program needs to:

1. Introduce our students to the issues and situations of the world.
2. Identify the unique Orthodox characteristics (monasticism, theology, worship, and role in the world, social issues).
3. Brings together the totality of Tradition that entails Scriptural ability and the skill of finding Patristic commentaries [Integrate Scripture, Church Fathers, Doctrine, Hymns, Icons, Church Services].
4. Present the Orthodox teaching and maintain the Orthodox Ethos.

High schoolers should:

1. Take an active participatory role in the liturgical year, becoming knowledgeable of its details and conversant with such events as the Triodion, the Pentecostarion and the balance of the ecclesiastical cycle. They could sing in the choir, be readers, and be actively a part of the charitable activities (collect, deliver things, etc.), and assume a stewardship role in the life of the parish.
2. Know and understand the unique Orthodox aspects of a religious life.
3. Be able to apply the teachings of the faith to everyday life and situations (drugs, sex, abortion, creation, worship, etc.).
4. Know the meanings of the words listed on the Vocabulary List.

*The following 6 Units for discussion can be rotated over the course of four years, and even returned to for another level of understanding. **Comparative Religions, Eschatology, Marriage & Family Life, Modern Ethical Issues, Service & Mission, Spiritual Life.***

### **I. COMPARATIVE RELIGIONS**

*OTHER CHRISTIANS:* Protestant, Roman Catholic, Episcopal

Compare and contrast various teachings.

Refer to Scriptographic booklets.

Visit other churches (possible via video: Roman Catholic, Lutheran, Reformed, Baptist, Evangelical

*NON-CHRISTIAN RELIGIONS*

Islam, Judaism, Hinduism, Buddhism

### **II. ESCHATOLOGY**

**CULTS & NEW AGE RELIGIONS** [Refer to Southwest Institute for Orthodox Studies website for materials to download. [www.orthodoxstudies.org](http://www.orthodoxstudies.org); Seraphim Rose's *Orthodoxy & the Religions of the Future*.



*THE SPIRIT WORLD*: angels, demons, spirits [Resource: Mother Alexandra's *The Holy Angels*; /St. Basil's *Hexameron* or St. Gregory of Nyssa's continuation of the *Hexameron*.]

New age angels

The influence of Satan on each of us and the limits God places. Demonic influence as a reality.

What does the Nicene-Constantinopolitan Creed say about it?

Feast of the Archangels on November 8

#### *THE END TIMES*

The Book of Revelation: Why was it written? For whom was it written? [Refer to *Orthodox Study Bible*.]

The Second Coming of Christ. What does the Orthodox Church teach about it?

What is the Rapture? Do we believe in it?

What does the Nicene-Constantinopolitan Creed say about it?

#### *HEAVEN & HELL*

Are they real places?

What does the Orthodox Church teach about these?

*AN ORTHODOX UNDERSTANDING OF DEATH*: Soul, Body, Mind [Resources: the Gospel readings to be used at Orthodox Funerals; Funeral epistle reading from I Thessalonians.]

Examine the hymns of the funeral service. [Prepare handouts for students to use.]

The Orthodox funeral includes the singing of hymns and asking for God's mercy vs. eulogizing. It is also a time of self-reflection for those present.

What is the function of Memorial Services?

The psychological benefit of the way the Orthodox Church deals with the dead.

**III. MARRIAGE & FAMILY LIFE** [Resources: Greek Archdiocese's Interfaith Marriage website, Meyendorff's *Marriage: An Orthodox Perspective*, St. Paul on marriage, John Chryssavgis' *Love, Sexuality and the Sacrament of Marriage*, John Mack's *Preserve Them, O Lord*, St. John Chrysostom; the video of the Clergy-Laity Interfaith Marriage Committee.]

Dating: Orthodox, Christians, and non-Christians.

Choosing a mate.

The Orthodox understanding of marriage. If I love him/her enough, can I change him/her?

Interfaith marriages: Christian and non-Christian. What are the consequences?

Orthodox sponsors [Need to keep up friendships with Orthodox.]

Children – do we have to have them?

What is the Orthodox understanding of the role of godparents?

Choosing children's names & celebrating Namedays.

Restrictions in participating in non-Orthodox sacrament, ex. Godparent.

#### *DIVORCE & BLENDED FAMILIES*

What does the Orthodox Church teach about divorce?

What does the Orthodox Church teach about remarriage?

Parental issues of discipline and parenting styles.

*DUTIES OF AN ORTHODOX PARENT* [Refer to St. John Chrysostom & St. Theophan the Recluse' *Raising Them Right*, Sr. Magdalen's *Children in the Church Today: An Orthodox Perspective*.]

What is expected?

How does interfaith marriage affect this?

### THE MANY FACES OF LOVE

Erotic love, filial love, storge love, agape.

Can we choose to fall in love? Can we choose not to fall in love?

### **IV. MODERN ETHICAL ISSUES** [Resource: Harakas' *Toward a Transfigured Life*, especially chapter 2, & *Contemporary Moral Issues*.]

#### CREATION & EVOLUTION

Refer to St. Basil's *Hexameron*.

Refer to *Creationism Versus Evolution* by Fr. George Nicozisin (out of print)

Refer to *The Orthodox Idea of Creation* by John Boojamra, Ph.D., *The Word*, June 1999, pp.31-34, available on [www.phyllisonest.com](http://www.phyllisonest.com) under Spring 2000 Packet.

What does the Nicene-Constantinopolitan Creed say about it?

Did it really occur in 6 days?

What does the Orthodox Church teach about it?

#### WHEN DOES LIFE BEGIN? END?

[Resources: *Sacred Gift of Life* by John Breck, *Garment of Skin* by Mantzarides]

Abortion

Euthanasia

#### GENETIC ENGINEERING

Cloning

Souls

Fertility issues

#### ECOLOGY [Resource: Chryssavgis' *Beyond the Shattered Image*]

Abuse of the Environment

#### ADDICTION [Resource: *Videos that Teach*, "When A Man Loves A Woman"

Virtues vs. vices

Materialism & possessions [Resource: *Videos that Teach*, "Death Becomes Her", St. John Chrysostom]

#### SEXUALITY/HOMOSEXUALITY/ABSTINENCE

[Resources: Family Research Council, MISH: Medical Institute for Sexual Health, Orthodox Christian Publication Center]

Value systems & lifestyles

Peer pressure

### **V. SERVICE & MISSION**

#### STEWARDSHIP

What does God expect from us?

What does it take to become a merciful person?

Getting out of our "comfort zone."

Volunteering at a Soup Kitchen, Tutoring disadvantaged youth, IOCC, OCMC, Habitat for Humanity.

#### MISSIONS

Domestic

Foreign

Historical overview

## CAREERS & COLLEGE

The importance of the Church in the life of the young adult.  
Should we choose a school that has no Orthodox presence in the vicinity?  
Should we choose a job that has no Orthodox presence in the vicinity?  
Today's choices may have a greater consequence than we realize.  
Dealing with the responsibilities of part time jobs.

## **VI. SPIRITUAL LIFE**

### *THEOSIS*

Becoming Christ-like  
Define

How does living in the secular world affect this?

A different outlook on life.

Analysis of choice of music, TV, videos, magazines, entertainment & Internet as sources of spiritual growth or temptation and sin.

Power of the Media.

Can we choose whether what we see and hear will influence us? [An Orthodox understanding includes guarding against exposure to certain things.]

Monastics struggle against what we expose ourselves to.

Making the Orthodox Christian life one's not Mom or Dad's

Image & Likeness, Personhood

Free Will/Determinism/Pre-Destination/Synergia – cooperating with God

*PRAYER LIFE* [Resource: Coniaris' *Introduction to Orthodoxy*]

From the Scriptures: ex. Psalm 50/51.

Jesus Prayer.

Lord's Prayer.

Study of the Doxology.

### *SIN IN TODAY'S WORLD*

How is it manifested?

How does it affect you and me?

The seduction of the world

Today's idols (Check out Balaam)

Body piercing, tattoos, provocative clothing, excessive make-up

### *THE SACRAMENTAL LIFE*

How does this help us in our journey?

Where does Fasting fit in?

### *PAIN, SUFFERING & LOSS*

The Book of Job [Refer to *Wisdom Let Us Attend: Job, the Holy Fathers and the Old Testament* by Johanna Manley.]

Death: an Orthodox understanding

Suicide [Video: Hot Talk Starters, Suicide]

Broken relationships

Forgiveness

### ASCETICISM & MONASTICISM

We are all called to lead an ascetical life. How can we do this “in the world”?

Visit a monastery.

Mt. Athos/ Mt. Sinai

### REPENTANCE & CONFESSION

What does the Lord’s Prayer say about it?

### MIRACLES

Define

Stories of miracles

Within our families

### THE CHRISTIAN LIFE UNDER PERSECUTION – THE PAST & TODAY

Life in the Church until the Emperor Constantine.

Compare the early persecution and martyrs with what occurred in the former Soviet block countries in the 1900’s.

What is happening now in Indonesia, Ethiopia, and elsewhere?

Refer to the lives of Fr. Arseny and Mother Maria

### THEOTOKOS & THE SAINTS [Refer to the *Prologue of Ochrid*.]

Could she have said, “No”?

How many are there?

Compare and contrast the Orthodox, Protestant and Roman Catholic understandings.

The Church Fathers today. Are they relevant? (Ex. Theophan the Recluse wrote *Raising Them Right*.)

St. Seraphim of Sarov

Relics of saints

Church Militant and Triumphant.

Identify and relate the life of one’s patron saint.

### Additional Topics listed on the Detroit 1998-99 and 1999-2000 listings.

Some of these have been dealt with in grades 7 & 8.

Does God Exist?

New Testament – How It Came to Be

Lord’s Prayer

Holy Trinity

Baptism

Hierarchy & Authority: Bishops, Priests,

Deacons, Laity

Old Testament / Septuagint

Church Calendar

Great Lent

Liturgical Music

Crusades

St. Paul

St. Ignatius

Byzantine Hymnology

Icons

Seven Imperial/Ecumenical Councils

Overview of each Gospel

Overview of Genesis, Exodus, Isaiah

Transfiguration

*An OVERVIEW of Preschool - 8<sup>TH</sup> Grade by Topics [8/19/00]  
Feastdays, Hymns, Prayers, Mysteries/Sacraments & Other Services, Saints, Scripture*

## **FEASTDAYS**

### **Preschool**

1. Nativity/Christmas story. [G-p.116]
2. Presentation to the Temple. [Story IV-1]
3. Theophany/Baptism story. [G-p.126]
4. Pascha story. [G-p.136]

### **Kindergarten**

1. Annunciation story. Focus on obedience and Mary's various names. [III-1]
2. Nativity story. [III-3]
3. Presentation to the Temple story. [V-1]
4. Theophany/Baptism story. [V-2, VII-2]
5. Palm Sunday [VII-3]
6. Crucifixion story. [VII-4]
7. Pascha/Resurrection story. [VII-5]

### **Grade 1**

1. Elevation of the Cross [I-1]
2. Annunciation [VII-1]
3. Nativity of the Theotokos: Identify her parents Joachim & Anna. List the various names for Mary. [I-4]
4. Presentation of the Theotokos to the Temple - why she was taken there. [Opt.]
5. Nativity of Our Lord, Christmas, Virgin Mary, Joseph, journey to Egypt, Wise Men [VII-2]
6. Presentation [opt.]
7. Theophany/Baptism [VII-3]
8. Palm Sunday [VII-4]
9. Crucifixion [III-2]
10. Last Supper [III-4]
11. Pascha [VII-5]

### **Grade 2**

1. Elevation of the Cross [pp.148-153]
2. Entrance of the Theotokos to the Temple [pp.154-5]
3. Nativity of our Lord [pp.156-7]
4. Presentation of our Lord [pp.158-9]
5. Pascha [pp.160-1]

### **Grade 3**

1. Nativity [VII-1]
2. Sunday of Orthodoxy [VII-2]
3. Pascha [VII-3]
4. Ascension [VII-4]
5. Pentecost [III-1; VII-5]

### **Grade 4**

1. Nativity of the Theotokos [pp.152-3]
2. Dormition of the Theotokos [pp.154-5]
3. SS Peter & Paul [pp.156-7]
4. Twelve Apostles [pp.157-8]
5. Transfiguration [pp.159-161]

### **Grade 5**

1. Annunciation [III-1]
2. Theophany [III-2]
3. Pentecost [IV-1, VI-1]
4. List & define the 12 Major Feastdays

### **Grade 6**

1. Explain the following about the Nativity Fast/Advent: purpose, scripture, spiritual vs. commercial preparation.
2. Triodion and Lent
3. Identify the name and date of each of the Major Feast Days.
4. Elaborate on each of these icons.
5. Identify the 6 gifts that we offer at Liturgy and give the spiritual meaning of each. [S-1]

### **Grades 7 & 8**

1. List & give the dates of the feast days of the Lord.
2. List & give the dates of the feast days of the Theotokos.
3. Identify the parish's patron saint or feast day, icon and hymn.
4. Connect the hymns & icons of each of the 12 Major Feasts.
5. Explain how the date of Pascha is calculated.
6. Compare & contrast the OT Passover and the NT Pascha.
7. Explain how Jesus' resurrection affects us.
8. Explain how Pentecost relates to us.
9. List, give the dates, and identify the icon of each of the 12 Major Feasts.

## **HYMNS**

### **Preschool**

1. "Holy God"
2. "By the Prayers of the Theotokos"/"Tes Presvies,"
3. "Blessed is the Name of the Lord."

### **Kindergarten**

1. "Holy God" [IV-3, H-p.134]
2. Triple "Lord have Mercy. [IV-3, H-p.134]
3. "Those Who have been Baptized into Christ" [IV-3, H-p.134]
4. "Christ is Risen" [VII-5, H-p.136]
5. "By the Prayers of the Theotokos"/"Tes Presvies," [opt]
6. "Blessed is the Name of the Lord." [Opt]
7. "Save us of Son of God". [Opt]
8. The Troparion of the Church's feast or patron saint.

### **Grade 1**

1. "Holy God." [IV-3]
2. "Blessed is the Name of the Lord." [VII-5]
3. "Save us O Son of God." [V-3]
4. "Christ is Risen." [VII-5]
5. "We venerate Your Cross." [I-1]
6. "Through the prayers of the Theotokos" [II-6]
7. The hymn for the parish's feast day or patron saint.
8. "We Praise You."
9. "Those who have been baptized into Christ."
10. The hymn for the parish's patron saint or feast

### **Grade 2**

1. "Only Begotten Son" [TM pp.140-1]
2. "One is Holy" [TM p.155]
3. "We have seen the true light." [III-2; TM p.147]
4. "Let our mouths..."
5. "Today the Virgin gives birth" [TM pp.156-7]
6. The hymn for the patron saint/feast of the parish
7. "Christ is Risen".

### **Grade 3**

1. "The Wealthy can become Poor" (blessing of the loaves) [II-3, p.164, TM p.154]
2. Nativity troparion [pp.153&164, TM p.125, p.156]
3. Recognize the Troparion for Sunday of Orthodoxy [p.155, TM p. 130]
4. Recognize "This is the Day" from Pascha [p.159]
5. Recognize the Troparion for the Ascension [p.162]
6. Troparion of the Nativity [VII-1, p.164, TM p.156]
7. Troparion of Pentecost [pp.164, TM p.143, p.157]
8. "Praise the Lord" [V-2, p. 165, TM p.155]
9. "Christ is Risen".
10. The hymn for the parish's patron saint or feast

### **Grade 4**

1. Doxology [I-2, p.162, TM pp.158-9]
2. Champion Leader [p.163, TM p.160]
3. "Those who have been baptized into Christ" [IV-3, p.163, TM p.161]
4. "We have seen the true light." [I-4] the troparion of one's patron saint.
5. The hymn for the parish's patron saint or feast
6. "Christ is Risen".

### **Grade 5**

1. "O Lord Save Your People" [I-3, 5;p.162; TM p.215]
2. "Holy, Holy, Holy" [II-1]
3. "Memory Eternal" [V-2, 4; TM p.220]
4. "We Praise You" [VI-3, TM p.221]
5. "Christ is Risen" [VI-4, TM p.222]
6. The hymn for the parish's patron saint or feast

### **Grade 6**

1. The hymn for the parish's patron saint or feast
2. "Christ is Risen".

### **Grades 7 & 8**

1. The hymn for the parish's patron saint or feast
2. "Gladsome Light".
3. "Christ is Risen".



# MYSTERIES/SACRAMENTS & OTHER SERVICES OF THE CHURCH

## Kindergarten

1. Give the basic purpose of Baptism

## Grade 1

2. Chrismation [II-3]
3. Holy Communion [II-1, IV-4]
4. Blessing of Water [VI-3]

## Grade 2

1. Review Baptism [II-3]
2. Introduce marriage. [II-3]
3. Introduce priesthood.
4. Review Communion and preparation [III-2]
5. Introduce Confession [III-4]

## Grade 3

1. Communion [V-2]
2. Holy Oil [V-3]
3. Holy Water [V-4]
4. Review Marriage from grade 1
5. Review Priesthood from grade 1
6. Baptism [III-1]
7. Memorial Service

## Grade 4

1. Communion [I-4]
2. Marriage [IV-1]
3. Baptism [IV-3]
4. Chrismation [IV-3]
5. Repentance (Partake of confession and repentance and apply to one's own life.) [IV-4]
6. Ordination; List the function of each rank of clergy. Include Order, Rank & Degree plus Liturgical Colors. [V-5]
7. Review Holy Oil/Uncion
8. Introduce the Presanctified Liturgy. Distinguish between the Divine Liturgy and the Presanctified Liturgy. [III-5]
9. Introduce the Salutations/Akathist Hymn. [III-5]
10. Introduce the Supplications to the Theotokos. [III-5]

## Grade 5

1. Review Confession [II-5]
2. List the ranks of clergy. [IV-3]
3. Review the Presanctified Liturgy. [VI-3]
4. Review the Akathist Hymn. [VI-3]
5. Introduce the Great Compline. [VI-3]
6. Introduce the Canon of St. Andrew. [VI-3]
7. Describe the Bridegroom Service including when it occurs. [VI-4]

8. Introduce Compline.
9. Introduce Prayers for the dead. [III-1]
10. Identify the visible signs of the mysteries/sacraments (oil and wine for Uncion; crowns for Marriage).

## Grade 6

1. Identify the 6 gifts that we offer at Liturgy and give the spiritual meaning of each. [S-1]
2. Explain why the Church Blesses Water.
3. Explain why we bless our home.
4. Explain the purpose of the Memorial Service.
5. Review the visible signs of grace of each mystery/sacrament.

## Grades 7 & 8

1. List the 3 special services offered during the Paschal Lent [Compline, Presanctified Liturgy, and Compline].
2. Name the 7 Mysteries/sacraments of the Orthodox Church.
3. Locate the Scripture references for each mystery/sacrament.
4. List the visible signs of each mystery/sacrament.
5. Explain the origins and meaning/purpose of each mystery/sacrament.
6. Explain the preparation needed for each mystery/sacrament.
7. Compare the mysteries/sacraments of the Orthodox with Roman Catholic and Protestant churches.
8. Give the historical development of each mystery/sacrament.
9. What makes a mystery/sacrament a mystery/sacrament?
10. Name the other services of the Orthodox Church [Paraklesis/Supplication, Akathist Hymn, and Blessing of Water, Funeral].
  - a) Give the purpose of each of these services.
  - b) Compare and contrast these services.
11. Name the 6 services that make up the daily cycle [Hours, Matins, Liturgy, Vespers, Compline, and Midnight Office].
  - a) Identify the time each is celebrated.
  - b) Give a basic definition of each.
  - c) Identify the purpose of each service.

# PRAYERS

## Preschool

1. Recite the Thrice-Holy Prayer. [III-3]
2. Begin learning the Lord's Prayer.

## Kindergarten

1. Recite Lord's Prayer.
2. List when we pray (before meals, in the morning and at bedtime; use Orthodox prayers). [V-2]
3. Recite the Thrice-Holy Prayer. [III-3]

## Grade 1

1. Recite the Lord's Prayer. [II-6, p.53]
2. Recite the Thrice-Holy Prayer. [III-3]
3. Recite a Morning Prayer. [II-6, p.55]
4. Recite a Mealtime Prayer. [II-6, p.55]
5. Recite an Evening Prayer. [II-6, p.55]
6. Recite a Prayer to use anytime and anywhere. [p.55]

## Grade 2

1. Recite the Trisagion Prayers.
2. Recite the Lord's Prayer.
3. Recite the Jesus Prayer. [II-4; TM p.147]
4. Recite the prayer to the Guardian Angel.

## Grade 3

1. Continue working on the Trisagion Prayers.
2. Recite "O Heavenly King". [III-1]
3. Continue the Jesus Prayer.
4. Continue the prayers at mealtime.
5. Recite and explain the Lord's Prayer and find it in Scripture.
6. Unit I: Psalm 100
7. Unit II: Come let us worship...
8. Unit III: O Heavenly King
9. Unit IV: Most Holy Theotokos
10. Unit V: We praise You, we bless You
11. Unit VI: Litany

## Grade 4

1. Recite the Nicene-Constantinopolitan Creed.
2. Learn before and after Holy Communion prayers or know where to find them and use them.
3. Unit I: Psalm 100:1-4
4. Unit I: Doxology [I-2, p.162, TM pp.158-9]
5. Unit II: Prayer recited before the Gospel reading
6. Unit III: Prayer of St. Ephraim
7. Unit IV: Trisagion
8. Unit V: Heavenly King
9. Unit VI: Lord's Prayer [III-2]

## Grade 5

1. Unit I: Psalm 37:1
2. Unit II: Psalm 106:1-3
3. Unit III: Christ our God, who at all times...
4. Unit IV: Christ our Lord, You came among Your Disciples... [TM pp.212-3]
5. Unit V: Psalm 118 [TM pp.216-7]
6. Unit VI: Prayer of St. Ephraim
7. Recite the Nicene-Constantinopolitan Nicene-Constantinopolitan Creed
8. Learn before and after Holy Communion prayers or know where to find them and use them.

## Grade 6

1. Jesus Prayer.
2. Lord's Prayer. [H-5 includes forgiveness]
3. Nicene-Constantinopolitan Creed (English and Greek). [KC-1, 2]
4. Beatitudes. [S-5, KC-4]
5. Prayer to the Holy Spirit / Trisagion.
6. Hymn of Church.
7. Ten Commandments. [H-2]
8. Learn before and after Holy Communion prayers or know where to find them and use them.

## Grades 7 & 8

1. Recite the Beatitudes. [S-5, KC-4]
2. Prayer to the Holy Spirit / Trisagion.
3. Hymn of Church.
4. Ten Commandments. [H-2] Recite the 10 Commandments, including the number and in correct order, and give a life example of
5. Recite the "Golden Rule." [H-2]
6. Recite the Lord's Prayer.
7. Recite the Nicene-Constantinopolitan Nicene-Constantinopolitan Creed.
8. Recite the Prayer of St. Ephraim.
9. Learn before and after Holy Communion prayers or know where to find them and use them.
10. Recite the Jesus Prayer.
11. Write out the Nicene-Constantinopolitan Nicene-Constantinopolitan Creed.
12. List what the Nicene-Constantinopolitan Creed professes about God the Father.
13. List what the Nicene-Constantinopolitan Creed professes about Jesus Christ.
14. List what the Nicene-Constantinopolitan Creed professes about the Holy Spirit.
15. List what the Nicene-Constantinopolitan Creed professes about the Church.

# SAINTS

## Kindergarten

1. Identify one's patron saint
2. Retell the life of a saint
3. Identify the name of the parish's patron saint [if applicable]

**Grade 1** [None are studied at length in the textbook, but the following appear in stories.]

1. SS. Joachim & Anna
2. St. John the Baptist
3. SS. Zachariah & Elizabeth
4. St. Philip the Deacon
5. The Apostles [name them]
6. Identify one's patron saint
7. Identify the name of the parish's patron saint [if applicable]

## Grade 2

1. St. Demetrios [I-4]
2. St. John the Beloved [III-1]
3. St. Peter [III-4]
4. St. Basil [VI-4]
5. St. Helen and the Cross [pp.152-3]
6. Identify one's patron saint
7. Identify the name of the parish's patron saint [if applicable]

## Grade 3

1. St. Polycarp of Smyrna [IV-4]
2. Ss. Cosmas & Damian [VI-2]
3. St. Nicholas [VI-3]
4. St. Stephen the first martyr [III-3]
5. St. Paul [III-4]
6. Identify one's patron saint
7. Identify the name of the parish's patron saint [if applicable]

## Grade 4

6. St. Vladimir [I-2]
7. St. Ephraim the Syrian [III-2]
8. St. Romanos the Melodist [V-3]
9. St. Katherine [V-4]
10. St. Andrew [V-5]
11. St. Ignatius [VI-1]
12. St. John the Almsgiver [VI-2]
13. SS. Cyril & Methodios [VI-3]
14. St. Innocent [VI-4]
15. Identify one's patron saint
16. Identify the name of the parish's patron saint [if applicable]

17. St. John the Baptist
18. St. Timothy
19. St. Ruth
20. Moses
21. King David

## Grade 5

1. Theotokos [III-1]
2. St. Peter [IV-1]
3. St. Paul [IV-1]
4. St. Philip the Deacon [IV-3]
5. St. Anthony [IV-4]
6. Church Fathers: Athanasios, Basil, Gregory the Theologian [IV-5]
7. St. Maximos the Confessor [V-1]
8. St. Philothei [V-2]
9. St. Herman [V-3]
10. St. Nectarios [V-4]
11. St. Gregory Palamas, St. John of the Ladder, St. Mary of Egypt [VI-2]
12. Identify one's patron saint
13. Identify the name & know the story of the parish's patron saint [if applicable]

## Grade 6

1. Identify one's patron saint
2. Identify the name & know the story of the parish's patron saint [if applicable]
3. Explain how St. Symeon the Translator used his talents. [S-3]

## Grades 7 & 8

1. Name 6 major saints and his/her feast day.
2. Identify one's patron saint
3. Identify the name & know the story of the parish's patron saint [if applicable]

# SCRIPTURE

## Preschool

1. Jesus blesses children. [R-18 & last page of pupil's book]
2. Feeding the 5000. [IV-5, R-24]
3. Jesus gives us Holy Communion [Holy Thursday]
4. Jesus heals people [R-21, 22,23]
5. Creation
6. Adam and Eve [V-5]
7. Jesus' 40-day blessing
8. Noah's Ark [IV-3]
9. Good Samaritan [IV-4]
10. Nativity [G-116]
11. Presentation of the Lord [Story IV-1]
12. Theophany/ Jesus' baptism [G-126]
13. Palm Sunday [G-132, R-25]
14. Pascha/Easter [G-136, R-26]
15. Jesus blesses the children [R-18]
16. Jesus heals the blind man [R-21]
17. Jesus heals the leper [R-22]
18. Jesus heals the paralyzed man [R-23]

## Kindergarten

1. Adam & Eve [W-17]
2. Baby Moses. [I-2]
3. Noah's ark. [I-4]
4. Annunciation story. Focus on obedience and Mary's various names. [III-1]
5. Jesus in the Temple. [II-1]
6. The meeting of Mary and Elizabeth. [III-2, W-23]
7. Nativity. [III-3, W-10, 11]
8. Presentation to the Temple. [V-1]
9. Jesus' baptism. [W-13] & [V-2, VII-2]
10. List one of the miracles that Jesus performed. [III-4. Water to wine; healing the sick.]
11. Samuel and Hannah. [IV-2. Emphasize obedience.]
12. The Last Supper. [V-4, W-26. Direct students to listen to the words of the consecration.]
13. The Rich Man and Lazarus. [IV-1]
14. The healing of the 10 Lepers. [IV-4]
15. Palm Sunday. [VII-3, W-25]
16. Retell the Crucifixion story. [VII-4]
17. Retell the Pascha/Resurrection story. [VII-5]
18. Define Parable. [W-20]
19. Explain what is done on Holy Thursday, Friday and Saturday. [W-28, 29, 30]
20. Explain what is remembered on Pentecost. [W-31]

## Grade 1

1. Creation. [VI-1]
2. Adam and Eve [VI-2]
3. Noah. [I-6]
4. Joseph and his brothers [II-4]
5. Zachariah and Elizabeth [I-4]
6. Annunciation [VII-1]

7. Nativity of Our Lord, Christmas, Virgin Mary, Joseph, journey to Egypt, Wise Men [VII-2]
8. Jesus' Presentation to the Temple [opt.]
9. Jesus at the Temple as a boy [opt.]
10. Jesus' Baptism [VII-3]
11. Sermon on the Mount [I-3]
12. Jesus healing the man who could not walk [I-5]
13. Philip and the Ethiopian [II-2]
14. Jesus giving the Gift of the Holy Spirit [II-3]
15. Jesus and the children [II-4]
16. The Prodigal Son [III-1]
17. Jesus sending out the Apostles [V-1]
18. Feeding of the 5000 [opt.]
19. Palm Sunday [VII-4]
20. Crucifixion [III-2]
21. Last Supper [III-4]
22. Pascha [VII-5]

## Grade 2

1. Adam and Eve leave the Garden [I-2]
2. Flight to Egypt [II-1]
3. Wedding of Cana [II-3]
4. Prodigal Son [II-5]
5. St. John the Beloved, Evangelist, Theologian [III-1]
6. Last Supper [III-2]
7. Jesus forgives Peter [III-4]
8. Good Samaritan [VI-3]
9. David and King Saul [V-2]
10. Moses and the 10 commandments [VI-4]
11. Parable of the house built on a rock [VI-5]
12. Identify the major points in Jesus' life. [I-3]
13. Begin memorizing the 10 Commandments

## Grade 3

1. Abraham [I-1, I-3]
2. Cain & Abel [I-2]
3. God calls Abraham [I-3]
4. Hebrews build a Tabernacle [I-4]
5. Moses and the 10 Commandments [I-4]
6. Jesus speaks in the Synagogue [II-1]
7. Jesus selects the first Disciples [II-2]
8. Jesus feeds 5000 [II-3]
9. Jesus is crucified [II-4]
10. Pentecost [III-1]
11. Peter & John preach the Good News [III-2]
12. St. Stephen is martyred [III-3]
13. Saul encounters Jesus [III-4]
14. Isaac's family [IV-1]
15. Cornelius' family [IV-3]
16. Paul's travels [VI-1]
17. Continue memorizing the 10 Commandments

## Grade 4

1. Passover [II-2]
2. Jesus cleanses the Temple [II-3]
3. Parable of the Sower [II-4]

4. Temptation in the wilderness [III-3]
5. Moses brings water from a rock [III-5]
6. John the Baptist [IV-2]
7. Repentance of David [IV-4]
8. Ruth [V-1]
9. Timothy [V-2]
10. Transfiguration [pp.160-161]
11. Define "Old Testament". [II-1]
12. List the categories of books in the Old Testament. [II-2]
13. Name the books of the Old Testament; at least the first 5. [II-1]
14. Identify the four gospel writers. [II-1, 3]
15. Identify the four divisions of the New Testament (Gospels, Acts, Epistles, Revelation) [II-2, 3]
16. Recite the 10 Commandments and locate them in the Bible.

### **Grade 5**

1. Sacrifice of Isaac [I-1]
2. Jacob wrestles with God [I-2]
3. Joseph in Egypt [I-3]
4. Baby Moses, Moses and the burning bush [I-4]
5. Exodus & the 10 Commandments [I-5]
6. Joshua & the Promised Land [II-1]
7. Gideon [II-2]
8. King Solomon [II-3]
9. Prophet Elijah [II-4]
10. Ezra & Nehemiah [II-5]
11. Annunciation [III-1]
12. Theophany [III-2]
13. Sermon on the Mount [III-3]
14. Jesus heals the blind man [III-4]
15. Jesus the Good Shepherd [III-5]
16. Jesus judges the world [III-6]
17. Publican & Pharisee [VI-1]
18. Holy Week [VI-4]
19. Peter preaches on Pentecost [VI-1]
20. Paul preaches [VI-2]
21. Philip the Deacon & the Ethiopian [VI-3]
22. Recite the 10 Commandments

### **Grade 6**

Identify major events in Christ's life.

1. The birth of Jesus. [KC-1]
2. The early years of Jesus' life. [KC-1]
3. The beginning of Jesus' ministry. [KC-1]
4. Selecting the Disciples.
5. The temptation of Christ. [PP-4]
6. The Sermon on the Mount. [KC-4]
7. List 5 of Jesus' parables. [KC-3, TM p.27]
  - a) Talents [S-4]
  - b) Prodigal Son [H-5]
  - c) Weeds [KC-3]
  - d) 2 house builders [KC-3]

8. Give examples of the following types of miracles: healings, exorcisms, raising from the dead, controls nature (Jesus calms the storm). [KC-5 Listing in KC TM p.47.]
9. Jesus' Entry into Jerusalem.
10. Last Supper. [KC-6]
11. Betrayal.
12. Trial before Pilate. [KC-6]
13. Crucifixion. [KC-6]
14. Resurrection/Pascha. [KC-6]
15. Post-Resurrection Appearances. [KC-6]
16. Ascension
17. Be able to locate chapters and verse in both the Old and New Testaments.
18. Explain the connection between the Adam & Eve's Expulsion from Paradise and the Resurrection.
19. Explain two of the OT prophecies foretelling the coming of the Messiah. [KC-1]
20. Give examples of persons in the OT who were tempted and how each handled it. [Joseph, Job, David, Samson]

### **Grades 7 & 8**

1. List the two main divisions of the Bible.
2. List the major divisions or type of literature of the Old Testament [Law, History, Wisdom, Psalms, and Prophets].
3. List the major divisions of the New Testament [Gospels, Acts of the Apostles, Letters, and Revelations].
4. List the 4 Gospel writers.
5. List the books of the New Testament.
6. List the 10 Commandments.
7. Identify the key stories that make up Jesus' life.
8. Identify the key stories of the Old Testament [Creation, Expulsion from Eden, Moses, the Exodus, the 10 commandments, Jonah, Three Holy Youths, David, Joseph...].
9. List the Beatitudes.
10. Discuss the meaning of key Parables [list].
11. Explain how the OT prophecies are fulfilled in Jesus Christ.
12. Explain each of the 10 Commandments.
13. Give an example from Scripture for each of the 10 Commandments.
14. Apply the 10 Commandments to daily life.
15. Explain how the books of the NT were selected.
16. Compare and contrast the Orthodox & Protestant OT.
17. Compare and contrast that the Orthodox, Roman Catholic, & Protestant churches' approaches to the Scripture.
18. Explain how the 2 Commandments given by Christ fulfill the 10 Commandments.
19. Compare and contrast the Old and New Adams.
20. Compare and contrast Eve and the Virgin Mary

This page is blank.