

Lesson Plan for the Article “Great Lent” by Fr. George Shalhoub

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OBJECTIVES: At the end of the lesson the students will

1. State why there are Fast periods.
2. List the three areas that are to be affected or changed during Lenten periods.
3. Give 2 reasons why they now want to fast.
4. List 3 things they can do during Lent to help them change.

MATERIALS:

Copies of the Article

Pens or Pencils

Dry Board or Chalk Board

NOTES

DIRECTIONS

1. Begin with a Lenten Prayer.
2. Distribute copies of the article to each student.
3. Ask the students to read the article and each circle 4 important points.
4. Ask the students to underline 3 points that go against the pop culture of 21st America.
5. Begin the discussion with #3 followed by #4.
6. In the course of the discussion, make sure the 4 Objectives are addressed, even if you need to ask them as questions.
7. Using the Dry Board or Chalk Board, write the last two lines of the Article. List the “Give Up” and “Take Up.”
8. Ask the students if they can add anything else to either of the lists.
9. Ask the students to write answers to #3 and #4 on their papers, sign them, and give them to you. Tell them they will be kept secure and returned after Pascha.
10. After Pascha return the papers to the students and discuss if they accomplished #4 and if this Lenten period was different that others before.