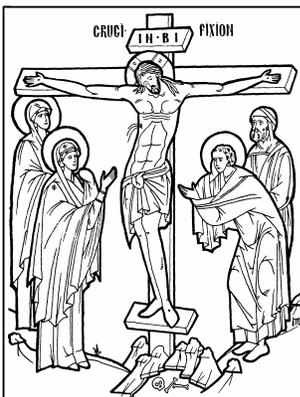


## Fact-Finding Lesson on the Myrrhbearers

By Phyllis Meshel Onest, M.Div.



### Objectives:

1. The students will state on which Sunday the Orthodox Church remembers the Myrrhbearers.
2. The students will be able to name 3 of the 7 women Myrrhbearers.
3. The students will be able to identify the two men who cared for Jesus' body.
4. The students will relate the story of the Myrrhbearing Women at the Tomb of Christ.

### Materials:

1. Question & Answer Sheet: **QUESTIONS ABOUT THE MYRRHBEARERS**
2. An icon of the Myrrhbearers. If possible, multiple copies of the same or various icons. (This is where a "stash" of past icon bulletin covers is useful.)
3. An icon of the Crucifixion of Christ that includes several Myrrhbearers.
4. The icon of St Mary Magdalene holding a red egg. Opt.
5. Myrrh – available at craft stores. Opt.

### Vocabulary:

1. **Myrrh** - an aromatic gum resin that exudes from several trees or shrubs growing in eastern Africa; used in medicine. Also used in the anointing of the dead in the Bible.

### Procedure:

**Opening Prayer:** Chant: *Christ is Risen ...*

**Motivation:** Put a dab of myrrh on each student's wrist. Have them smell it. *Can anyone guess what this is?* [fragrance, essential oil, myrrh] *How is it used?* [various medicinal uses and in anointing the dead]

### Lesson:

1. Distribute paper icons to each student or group of 2-3 students. Otherwise, place the icon in an area visible to all the students. [If various icons are used, compare the different scenes.]
2. Invite the students to describe the scene. [cave, large stone, maybe guards asleep, angel, how many women, what are they holding, ...]
3. What are the expressions on the women's faces?
4. Use the questions (those that are age-appropriate) as a guide for the discussion.

Resource: *Lesson Plan - Sunday of the Myrrhbearers* by Vasiliki Tsigas-Fotinis, Ph.D.